



GUILDERLAND PUBLIC LIBRARY

VOLUME 31, ISSUE 4

GUILDERLANDLIBRARY.ORG

OCTOBER 2023



Celebrate Fall Fest!

You'll find several options to choose from this month as we fully embrace fall and a new season of lifelong learning!



How 'Bout Them Apples Book Challenge Through October 31 Ages 16+ / Adult

We're serving up apples, cider, donuts and satisfying reads for participants of this autumn book challenge! Complete badges by logging reading time, as well as attending library programs. Registrants

will be entered into a raffle to win apple- and fall-themed prizes! Sign up on Beanstack to get in on the fun:

<https://guilderlandlibrary.beanstack.org>. [R]

Fall Craft Fair Sunday, October 22 @ 10 am-2 pm

Stroll through the Library as dozens of local vendors proudly display their handcrafted wares! A used book sale, raffle baskets and a donut sale are all part of the experience, making for a most enjoyable Sunday!



GPL is Your Halloween Headquarters!

Enjoy scary season with us! We're offering a full slate of activities for all ages, guaranteed to both fright (slightly) and delight! Look for the pumpkin symbol inside for full program details, register as needed, and plan to join us!



**MONDAY,
OCTOBER
30
5-7 PM**

**Trunk or
Treat
Monday,
October 30
@ 5-7 pm
Family /
All Ages**

Our second annual Trunk or Treat event promises to top last year! Come to our upper parking lot dressed in

your favorite costume for trick or treat fun! A variety of car trunks will be creatively decorated in various themes. Allergy-free and non-food items will be available, too!

PLEASE NOTE: Library services will close at 4 pm on October 30th to accommodate this large-scale event.

Banned Books Week

October 1-7

Look for curated displays around the Library devoted to Banned Books Week and our **Freedom to Read.**

BANNED BOOKS WEEK

OCTOBER 1-7, 2023

LIBRARY HOURS

Monday—Thursday.....9:30 am–8 pm
Programs & meetings may continue post-closing
Friday.....9:30 am–6 pm
Saturday.....9:30 am–5 pm
Sunday.....1–5 pm

All programs are in-person, unless otherwise noted.



Cafe' Con Mel Hours:

Monday—Friday.....8:30 am–4 pm
Saturday—Sunday.....9 am–2 pm

ADULT PROGRAMS & RESOURCES

**Fright Club****Pick Up Kit:****October 2-6****Movie: Tuesday, October 24 @ 6 pm**

October is *The Haunting of Hill House* Month! Register on our Events Calendar, then pick up your Fright Club discussion kit October 2-6. Each kit includes fun facts about the

novel, discussion questions, a notebook, and a fun surprise. Read *The Haunting of Hill House* by Shirley Jackson and work through the questions at your own pace. Then, watch the corresponding movie, *The Haunting*, on Tues, October 24 at 6 pm. All are welcome to attend the movie (PG-13). **[R]**

November is *Frankenstein* month! Register now, then pick up your kit October 30-November 3. *Young Frankenstein* (1976-rated PG) will be shown on November 30 at 6 pm.

Let's Talk: Coffee & Conversation

Wednesday, October 4 @ 11 am-12:30 pm Seniors

Join Dr. John Brennan of Guilderland for coffee and conversation! John, a retired veterinarian with long ties to the community and the Library, wants to create an ongoing opportunity for other retirees to get together and chat. John's motto for this effort is "Questions many. Answers few. Let's talk." This is a casual drop-in group; no registration required.

SENIORS:

Let's Talk!

Coffee & Conversation with Dr. John Brennan

**Movie Matinee: Hocus Pocus**

Monday, October 9 @ 1:30 pm

A teenage boy and his little sister move to Salem, where he awakens a trio of diabolical witches that met their demise in the 17th century. Popcorn included! Starring Bette Midler, Sarah Jessica Parker and Kathy Najimy. Rated PG.

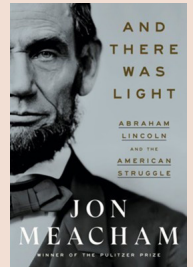
**BOOK DISCUSSION GROUP [R]****Night Owls Book Club****Mondays @ 6:30 pm**

Hybrid: choice of in-person or virtual
Led by various librarians. Reading the most talked-about fiction and nonfiction titles.

October 9: *And There Was Light*, by Jon Meacham

November 13: *The Mystery of Mrs. Christie*, by Marie Benedict

December 11: *The Escape Artist*, by Jonathan Freedland

**Technology Help**

Wednesdays, October 11, 18 & 25

@ 10 am, 11 am or 12 pm

Feeling a little stuck with technology? Coach Donna can

provide you with 1:1 tech assistance, including:

- Internet Searches—how to navigate Chrome, Firefox, Internet Explorer, Bing
- Microsoft Word & Excel
- Emails—attaching & downloading attachments, DocuSign, protecting against phishing & scams
- Facebook basics
- Printing, Scanning, & Faxing

Reserve your customized session and get your tech questions answered! **[R]**

Getting Started with Libby
Wednesday, October 18 @ 11 am Virtual

Want to know how to borrow ebooks and audiobooks? Get to know Libby! This online session, offered monthly and taught by the experts at Overdrive, is the perfect introduction to navigating these digital resources. **[R]**

**Computer Coach****Computer Coach**

Friday, October 27 @ 10 am or 11 am

Volunteer Computer Coach Robin covers the gamut of Apple

products! Customized one-on-one appointments with Robin last one hour. Devices covered:

- Apple computers (Macbook, Macbook air, etc.)
- Apple TV
- Apple Watch
- iPad
- iPhone

Registration begins Friday, October 13. **[R]**

ADULT PROGRAMS & RESOURCES

Live Virtual Author Talks

We're pleased to offer an ongoing series of outstanding live author talks with Q & A sessions each month! [R]

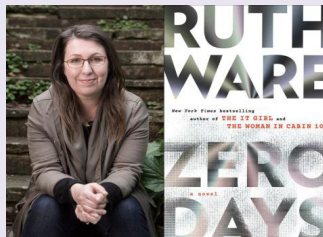


European Travel Tips and Tools with Rick Steves

Tuesday, October 10 @ 4 pm

In this entertaining and information-packed slideshow lecture, popular public television host and

bestselling guidebook author Rick Steves will share the secrets of safe, smart, inexpensive European travel. His trip tips will help ensure low stress, high enjoyment.

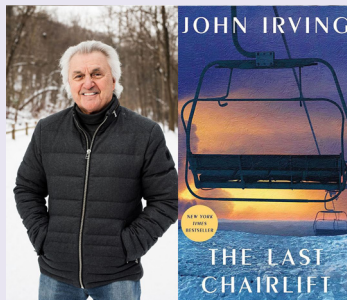


Master of Suspense: An Author Talk with Ruth Ware

Wednesday, October 18 @ 2 pm

You're invited to join the conversation as we chat with Ruth Ware, #1 New York Times Bestselling

Author of *The It Girl* and *The Woman in Cabin 10* about her newest adrenaline-fueled thriller, *Zero Days*.



A Conversation with International Bestselling Author John Irving

Thursday, October 26 @ 7 pm

You're in for a treat: an intimate conversation with John Irving as he chats about his most recent novel, *The Last*

Chairlift, plus his prolific body of work and a lifetime spent writing, including *A Prayer for Owen Meany* and *The Cider House Rules*. Irving's first novel was published at twenty-six years old. He has gone on to be nominated for a National Book Award three times and won an Oscar for Best Adapted Screenplay, among other accolades.

Sunday Concert: Albany Gay Men's Chorus

Sunday, October 15 @ 2 pm

We're pleased to present the Albany Gay Men's Chorus! The Chorus seeks to entertain and enlighten by creating high-quality vocal music in the rich, time-honored tradition of a four-part lower-voice choir. Nearly 30 voices strong, the Chorus strives to promote acceptance of the LGBTQ+ community, and to build bridges.

**GPL Academy**

This new programming series emphasizes lifelong learning on a wide variety of subjects, all designed to educate, inspire and spark community. Enjoy!



Wonders of the Autumn Night Sky

Thursday, October 5 @ 6 pm Kids & Adults

Virtual

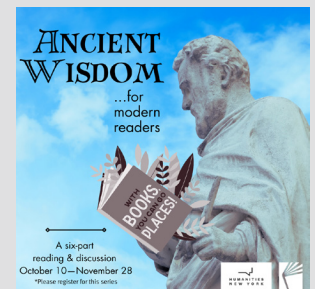
Nights are getting colder—but don't retreat indoors just yet! The autumn night sky is filled with outstanding opportunities for stargazing. Join us on Zoom for this

special presentation by Dr. Mindy Townsend, Astronomer for the Dudley Observatory at Siena College, as she talks about the wonders of the autumn night sky and suggests stargazing tips and apps. [R]

Ancient Wisdom for Modern Readers: A Readings and Discussion Series

Six-Part Series starting Tuesday, October 10 @ 6:30 pm Virtual

Is ancient wisdom from philosophers still relevant today? We think so! This six-part Zoom series invites us to explore the works of three ancient philosophers—Aristotle, Seneca, and Cicero—through a modern lens. We'll read excerpts of each philosopher's writings, using a series of books called *Ancient Wisdom for Modern Readers*; provide background; and encourage discussion on their relevancy in today's world. *This series is made possible through a grant from Humanities New York.* [R]



Cybersecurity & You



Cybersecurity and You

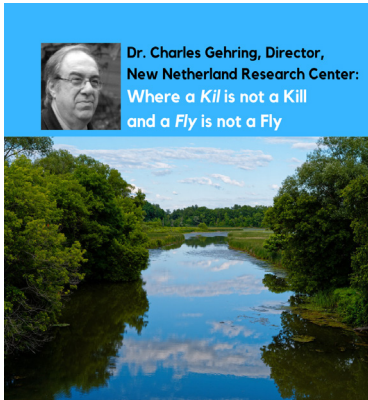
Thursday, October 26 @ 6 pm

Cyber attacks and fraud scams have increasingly targeted individuals, especially seniors. We'll hear from the FBI about the latest cyber threats, and learn best practices to protect ourselves.

Topics to be covered include:

- ▶ New tactics criminals are using to steal money through social engineering and cyber attacks
- ▶ Positive and negative aspects of Artificial Intelligence
- ▶ How AI is changing the way cyber actors attack [R]

ADULT PROGRAMS & RESOURCES



**Dr. Charles Gehring, Director,
New Netherland Research Center:**
*Where a Kil is not a Kill
and a Fly is not a Fly*

**Dr. Charles Gehring,
Director, New
Netherland
Research Center:**
*Where a Kil is not a Kill
and a Fly is not a Fly*

**Thursday, October 19
@ 6:30 pm**

This enlightening presentation explores the far-reaching influence of our local Dutch roots—not only our creeks and how

they were named, but also words of Dutch origin that surround us on a daily basis. Dr. Gehring will open a fascinating vista on this literal and lexical landscape of ours. All are welcome to attend as Dr. Gehring interprets the names that shape the rich history of Guiderland and of the entire region. *Presented in conjunction with Guiderland Historical Society.*

**Investigating
Ghosts and the
Paranormal**

**Wednesday,
October 25
@ 6 pm**

Just in time for Halloween, learn how a paranormal investigator uses critical thinking, observation, and equipment to attempt to explain supernatural phenomena.

Presenter Gary Robusto has been a paranormal researcher for 24 years and is the founder of the Tri-City NY Paranormal Society and the New York Bigfoot Society. He is often featured nationally, and collects possible evidence in the field from a logical, realistic viewpoint. **[R]**



The Mindful Art of Letting Go

Thursday, October 26 @ 6:00 PM

Registration required



**The Mindful Art of
Letting Go**

**Thursday, October 26
@ 6 pm
Virtual**

This Zoom session focuses on mindfulness of thoughts, drawing inspiration from trees letting go of leaves that no longer serve growth and well-being. The goal is to cultivate enhanced

awareness of unhelpful thoughts and successfully release ourselves from them. *Instructor Susan Meyer has over 35 years of experience in professional mindfulness practice.* **[R]**

**Horror Movie
Trivia**

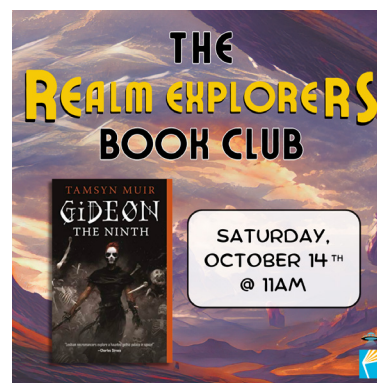
**Friday, October 13
@ 6 pm**

**Ages 16
and up / Adult**

It's Friday the 13th! Get ready for a night of bone-chilling excitement at GPL's Horror Movie Trivia! Come along on a scream-worthy



journey into the world of horror cinema, where you can test your knowledge and compete against fellow horror enthusiasts to win prizes. Join us for spooky refreshments at 6 pm; trivia will begin at 6:15 pm. *Only one person per team should register; five people per team max.* **[R]**



**NEW Realm
Explorers Book Club**

**Saturday, October 14
@ 11 am**

Ages 16 and up / Adult
Realm Explorers is a new book club that meets bimonthly on Saturday mornings to discuss various science fiction and fantasy novels. Titles include adult/young adult science fiction and fantasy books, as well

as graphic novels. Ages 16 and older can participate. This month, we're reading *Gideon the Ninth* by Tamsyn Muir. Pick up a copy at the Information Desk or borrow a digital copy from Libby or Hoopla, then register for the discussion! **[R]**

**Drug Take Back
Day**

**Saturday, October 28
@ 10 am-2 pm**

GPL and the GPD team up every spring and fall for Drug Take Back Day, facilitating safe, anonymous disposal of prescribed and non-prescribed substances. This drive-through event is held in the Library's side parking lot. Guidelines:

- ▶ Put your medications (controlled, non-controlled, and over-the-counter substances; pet meds) in a bag, if possible, and remove labels containing personal information
- ▶ Put bagged medications where you can easily access them, while remaining in your vehicle
- ▶ Drive through to the drop-off point and stay in your vehicle; follow the officers' instructions
- ▶ No sharps or syringes can be accepted



YOUTH PROGRAMS & RESOURCES



Storytime @ GPL

Choose only one storytime per week. No registration needed.

Fall Storytimes

Tuesday-Wednesday-Thursday @ 10:30 am

Come to the Library for stories, socialization, silliness and smiles!

► **Tuesdays: Toddlers**

Ages 18-36 months

► **Wednesdays:**

Families, Ages 0-5 years

► **Thursdays:**

Preschoolers

Ages 2.5- 5 years

Junior Teen Advisory Community Outreach (TACOs)

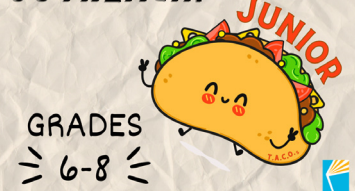
Tuesday, October 3

@ 6 pm

Grades 6-8

Middle schoolers are invited to earn volunteer credit by participating in our Junior Teen Advisory Community Outreach (TACO) meetings. Give us your input on books, programs and more, to help us make GPL your favorite destination. Bring a friend! [R]

**TEEN.
ADVISORY.
COMMUNITY.
OUTREACH.**



Family Board Games!



Thurs. Oct. 5

3-6pm

Ages 3 to adult

No registration required!

Family Board Games

Thursday, October 5

@ 3-6 pm

Ages 3 and up

Kids and families: drop in for some board game fun from our extensive collection! Stop in anytime between 3-6 pm. There will be a variety of classic and new board games and card games suitable for young

children, older kids, and entire families. (You can also borrow 100+ board games from our Library of Things!)

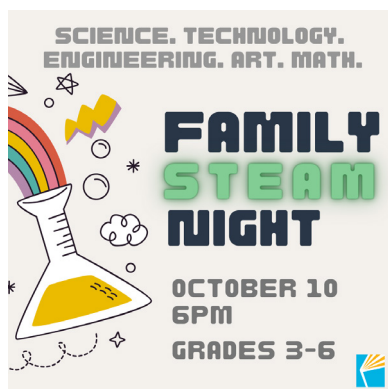
Family STEAM Night

Tuesday, October 10

@ 6 pm

Grades 3-6

Come explore fun STEAM (Science, Technology, Engineering, Art and Math) topics with local schools and colleges for hands-on learning fun! This month, we're rocking our Family STEAM night with **Union College's Geology Club!** [R]



Some programs are already full! Please refer to our online Events Calendar, and make sure you are subscribed to our weekly eNews ("GPL News")!



Parent Playdate

Monday, October 16 @ 11 am

Ages 0-3 / Caregiver

Looking to connect with other parents or caregivers? Come for a special hour of open playtime! Enjoy socializing, and check out all that the library has to offer! Light refreshments will be available. [R]

BIRTH - 3 YEARS OLD, & THEIR CAREGIVERS

Parent Playdate

Monday, October 16 @ 11:00 AM

LOOKING TO MEET OTHER PARENTS/ CAREGIVERS?

Join us for a special hour of open playtime!



LIGHT REFRESHMENTS

REGISTRATION REQUIRED

GUILDERLAND PUBLIC LIBRARY

TEEN DROP-IN DIY

6-7pm

Ages 13 & up

- Cricut
- Button maker
- Sewing/fiber arts
- Paper arts
- Candlemaking
- And more!



Teen Drop-In DIY

Wednesday, October 18 @ 6-7 pm

Grades 7-12

Come to The Foundry Teen Room the third Wednesday of each month to use some of the library's maker and craft equipment, including the Cricut machine, button maker, sewing machines, and more!

LEGO Free Play

Thursday, October 19

@ 3-6 pm

Ages 3 and up

We're breaking out our sizable LEGO collection, so you can build to your heart's content! Stop by the Children's Program Room anytime between 3-6 pm to build the most awesome LEGO creations you can imagine.



Art Room

Wednesday, October 25 @ 3-6 pm

Family / All Ages

Bring your creativity to the Library! Drop in anytime between 3-6 pm and use a variety of arts and crafts supplies to create your own art.

ADDITIONAL PROGRAMS & RESOURCES



Clay Creations with Sarah Hazelke: A Four-Week Workshop

Starts Wednesday, October 25 @ 6:30 pm Grades 9-12 / Adult

Ever wanted to make something out of clay? Join artist Sarah Hazelke of Round

Designs for a four-week pottery class! Participants will create two ceramic artworks: a spoon rest and a clay rattle, using the handbuilding techniques of pinch, coil, and slab; then they will glaze their finished works. No experience necessary; all materials provided. Come play with clay! *Please note: this workshop is comprised of four sessions; please plan to attend all. Signing up for the first one will register you for all four sessions.* [R]

A History of the Transgender Rights Movement, as Lived by Tom Heitz/Sharon Stuart

Saturday, October 28 @ 2 pm Grades 9-12 / Adult

Sharon Stuart of Cooperstown (also known as Tom Heitz) is an 82-year-old pioneer of the transgender rights movement. Born in 1940, in Kansas City. Sharon/Tom is a lawyer, Marine, and the former head librarian at the Baseball Hall of Fame in Cooperstown. They are married with three children, plus grandchildren. A key achievement was co-authoring the 1991 International Bill of Gender Rights, published by the International Conference on Transgender Law and Employment Policy.



Sharon/Tom has spent their entire life fighting for the opportunity to simply be themselves, and advocating for the many others who feel the same way. The progress these movements have made has been dizzying, both to the activists and to society. Along the way, the terms and concepts for people with gender variations have evolved quickly, offering many fine distinctions and making room for many who have always existed, but have never had the full right to the pursuit of happiness guaranteed in our Constitution. Sharon will narrate that historical evolution, telling interesting stories of her life along the way.

Not-So-Spooky Storytime

Tuesday, October 31 @ 10:30-11:15 am

Ages Infant-5 with Caregiver

Celebrate Halloween with us! Put on your favorite costumes and join us for a not-so-spooky storytime full of dancing, bubbles, and books! We'll finish with a costume parade around the Library to pick up some treats!



The Upper Hudson Library System and The Food Pantries for the Capital District invite you to participate in

The Great Give Back



Drop off non-perishables and toiletries at your local public library throughout the month of October!

The Great Give Back

All Month Long

The Great Give Back is an annual opportunity for UHLS libraries to serve their communities. This year, UHLS libraries are encouraging donations to local food pantries. We

partner with Guilderland Food Pantry (non-perishable food items) and The Caring Closet (toiletries) year round, but are giving these efforts extra attention in the lobby. **Thank you!**

ON THE CALENDAR

CLOSING at 4 pm for Trunk or Treat:

Monday, October 30

October Exhibit: Albany

Artists Group Interested in exhibiting? Contact Luanne Nicholson: pio@guilderlandlibrary.org.

Drop-In Knit & Stitch—

Tuesdays, 10-11:30 am

Capital District Knitting Guild

Monday, October 9 @ 6-8 pm

*** DATE CHANGE * Drop-In**

Genealogy Assistance with Lisa

Dougherty Wednesday, October 4

@ 5:30-7:30 pm

GPL Board of Trustees Meeting

Thursday, October 19 @ 6 pm

In-person and streamed on YouTube.

Public commentary to:

pc@guilderlandlibrary.org,

NEW How Did You Find It? Podcast

Friday, October 20

Guilderland Library Foundation Meeting

Thursday, October 26 @ 6:15 pm

OCTOBER

