



GUILDERLAND PUBLIC LIBRARY

VOLUME 27, ISSUE 3

GUILDERLANDLIBRARY.ORG

NOVEMBER - DECEMBER 2019



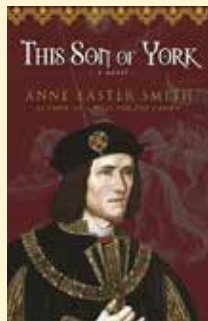
Something's Happening Here with Author Mark Berger Saturday, November 9 @ 2 pm

Woodstock celebrated its 50th anniversary this year, and Mark Berger, author of *Something's Happening Here: A Sixties Odyssey from Brooklyn to Woodstock*, was there to experience this seminal event. He'll share his experience of being there to help set up kitchens and paths for the music festival, and read from his book — a chronicle

of living during this tumultuous time, what brought him to that meadow outside of Bethel, New York, and how the event shaped his future. He will also sell and sign copies of his book after the talk (\$19.95, cash, check or credit card).

This Son of York with Author Anne Easter Smith Sunday, November 17 @ 2 pm

Anne Easter Smith is an award-winning historical fiction novelist with a series of six books set during the Wars of the Roses. She is first and foremost a storyteller, whose passion for the period makes an emotional connection with her characters, both real and imaginary, as she brings history to life.



In particular, she is a recognized expert on King Richard III, England's most controversial king. Join us for a special visit from the noted author, who will read from her book — the sixth and final one in the series — and discuss her research. Anne will sell and sign copies of her book after the talk (\$20, cash or check).

November is National Novel Writing Month (NaNoWriMo)! See page 2 for details about participation and prizes to be won!

Ebooks in World Languages!

We are proud to announce that your Guilderland Library card now grants you access to eBooks and downloadable audiobooks in many different languages! We have added over 1,500 titles to Overdrive across the top nine languages spoken by our patrons, including Chinese, Spanish, Russian, Turkish and Telugu. Visit <https://uhls.overdrive.com> and log in with your Guilderland library card number to get full access to these titles and so much more!



2019 GUILDERLAND PUBLIC LIBRARY SUNDAY CONCERT SERIES

All concerts @ 2 pm



November 3: Helderberg Madrigal Singers and the Bleecker Consort

A lovely repertoire of Medieval and Renaissance music in this collaboration of two groups—one vocal, one instrumental (playing on period instruments!). Treat yourself to some calming, meditative music as we head into the holidays.

December 22: Suburban Sounds

This celebrated all-vocal group will perform festive songs to augment the holiday season, providing a refreshing break from the hustle-bustle!

December 29: Duo Marchand



The well-established pair known as Duo Marchand has performed extensively throughout the Northeast at many renowned venues. Andy Rutherford, lute, and Marcia Young, voice and harp, will play seasonal music from the Baroque era for your enjoyment.

Board Game Café featuring Bard and Baker

Friday, November 22 @ 6 pm

Do you like cookies and board games? So do we! Get cozy with tempting treats, hot cocoa, and entertaining board games. Local board game café Bard and Baker will be on hand to serve up snacks and share a selection of sensational games. Try something new, and settle in for fun! For adults. [R]



[R] = REGISTER NOW! CALL 518-456-2400 X 3, OR GO TO THE CALENDAR AT GUILDERLANDLIBRARY.ORG

ADULT LECTURES & EVENTS



CONSUMER HEALTH

RAD Self Defense for Women 16+
November 6, 7, 12*
@ 5:30-9:30 pm

Be prepared for any situation by taking a R.A.D. (Rape Aggression Defense) class. This unique class teaches women key skills designed to increase their safety and confidence in facing potentially dangerous situations successfully. Taught by experienced certified instructors of the Guilderland Police Department, this course includes lecture, discussion and self-defense techniques suitable for women of all ages and abilities. If you have ever considered taking a self-defense class, sign up today! This program is for women including cis, trans, and/or nonbinary folks ages 16 and up. No prior experience is necessary, but seats are limited. Upon course completion, you'll receive a gift bag courtesy of GPL and some great local businesses! ***Please note: participants must attend all three sessions. [R]**



Medicare 101: A New User's Guide
Friday, November 15 @ 1 pm

It's open enrollment time for Medicare and you may have questions: what is Medicare Part A? Part B? Part D? What does Medicare pay for? What will be your contribution? How are prescriptions covered? Medicare can be very confusing, but help is here: Janet Kiffney, a certified Medicare Counselor with HIICAP (New York State's Health Insurance Information Counseling and Assistance Program), will present an unbiased, "soup-to-nuts" program on Medicare and answer all your questions. *Sponsored by the New York State Office for the Aging and the Albany County Department for Aging. [R]*



Civics 101: Running for Elective Office
Wednesday, November 13 @ 7 pm

The Honorable Jennifer Corona, a one-time candidate for Family Court Judge, will be on hand to discuss her experiences in establishing a campaign for public office and qualifying for the Primary Ballot. She will discuss what potential candidates for public office need to do in order to become a legal and viable candidate. A representative from the Albany County Board of Elections will outline the process of getting onto the ballot. Tony Cantore, one-time candidate for Guilderland Town Justice, will moderate this discussion. **[R]**



Ukulele Jam
Thursday, November 21 &
December 19 @ 6:30 pm

Uke players of all skill levels are welcome at this drop-in session. Bring your own ukulele (or check one out from us!)

November is National Alzheimer's Disease Awareness Month, and we're offering two programs of interest, both in collaboration with the Alzheimer's Association of Northeastern New York.

alzheimer's association®



Alzheimer's Through the Stages: A Caregiver's Guide
with Author Mary Moller
Wednesday, November 6
@ 6-7:30 pm

Mary Moller, MSW, CAS, is Program Specialist at the Center of Excellence for Alzheimer's Disease, at Albany Medical Center. She also is the author

of the excellent, recently-published book, *Alzheimer's Through the Stages: A Caregiver's Guide*. Ms. Moller will be here to talk about her experience of working with both Alzheimer's patients and their families, and in particular about the importance of caregiver self-care. Come learn more about this very important topic! **[R]**

Understanding Alzheimer's and Dementia
Wednesday, November 13 @ 6-7:30 pm

In the United States alone, more than 5 million individuals are living with Alzheimer's and 16 million are serving as their unpaid caregivers. This global crisis impacts numerous families right here in our community. However, no one has to face this disease alone or without information.

The Alzheimer's Association® offers an education program covering the basics of Alzheimer's and dementia for people who are facing a diagnosis, as well as those who wish to be better informed. This free one-hour program:

- explores the relationship between Alzheimer's disease and dementia
- examines what happens in a brain affected by Alzheimer's
- details the risk factors for and three general stages of the disease
- identifies FDA-approved treatments available to treat some symptoms
- looks ahead to what's on the horizon for Alzheimer's research
- offers helpful Alzheimer's Association resources **[R]**

November is National Novel Writing Month (NaNoWriMo)!

The NaNoWriMo challenge: write 50,000 words during November. What better place to write your novel than at the library? Stop in whenever the library is open and get writing. We have study rooms, tables with outlets, chargers, a coffee machine, and a snack machine—everything you need to settle in and write! Check in at the information desk every time you come in to work on your novel and you'll be entered for a chance to win a prize at month's end!



ADULT LECTURES & EVENTS

GUILDERCRAFTS

**Shout Out to Sauerkraut
Thursday, November 14 @ 6:30 pm**

In recent years the health benefits of fermented foods have been widely acknowledged. Sauerkraut is probably the best known. Come to the library and learn how to make sauerkraut at home. You'll leave with a jar of delicious cabbage in brine. Please bring a large bowl, sharp knife, and cutting board; we'll provide the rest. **[R]**



**Ikebana Centerpiece
Tuesday, November 19 @ 7 pm**

Ikebana is the Japanese art of flower arranging, spare and deliberate in its construction. Create your own centerpiece in an autumn motif for your Thanksgiving dinner table. **[R]**

**Make and Take: Decoupage Ornament
Thursday, December 12 @ 7 pm**

We'll be using a variety of decoupage techniques to turn papier-mache ornaments into treasures. A good way to upcycle magazines and a great last-minute gift! **[R]**

**Light-up Wall Art (Two-Part Project)
Monday, December 16 @ 6:30 pm AND
Thursday, December 19 @ 6:30 pm**

Create a three-dimensional masterpiece that incorporates LED lights to brighten the season. This project will take two sessions to finish; please sign up only if you plan to attend both sessions. **[R]**



**Make and Take:
Gift-able Cookie Mix
Tuesday, December 17
@ 6:30 pm**

Paint a glass jar and fill it with the dry ingredients needed to make chocolate chip cookies. Take home a nice gift to present to someone (or keep it for yourself)! **[R]**



**Brew Your Best
with Electric City Roasters
Saturday, December 7 @ 11 am**

What makes a good cup of coffee? To start with, the coffee itself! Electric City Roasters will be here to talk coffee, roasts, origins, and to let you taste the difference. There will be samples! **[R]**

**Missing Piece Board Game Club
Saturday, December 28 @ 2 pm**

We have the snacks, we have the games — YOU are the missing piece! We're starting a board-game meetup. Bring your friends and favorite games, or play one from our collection of 100+ board games. We'll provide treats and the biggest table you've ever seen! **[R]**



**Declared Defective:
Native Americans, Eugenics, and
the Myth of Nam Hollow
Monday, November 25 @ 7 pm**

How was an obscure rural enclave in upstate New York exploited by the early twentieth-century eugenics movement? Anthropologist Robert Javenpa will give a presentation discussing his book *Declared Defective: Native Americans, Eugenics, and the Myth of Nam Hollow*, a fascinating examination of pseudo-scientific zealotry, fearmongering, and the contradictions of race and class in America, through the lens of local history.

**Cut the Cord: How to Cut Ties
with your Cable Company
Tuesday, December 10 @ 7 pm**

What is the difference between cable TV and streaming? How can you watch your favorite shows without cable TV? It can be daunting keeping track of all the devices and services available! Join us for a high-level overview of the try-before-you-buy devices in our Cut the Cord circulating collection, and find out if cutting ties with your cable company is right for you.



COOKBOOK CLUB

Come in to the Library and select one or two recipes you'd like to make from the copy available at the Adult Information Desk. Bring your dish (along with serving utensils; we provide plates, napkins, etc.) on the night of the club and

enjoy the opportunity to sample what others made and chat with other enthusiastic home cooks.

**Nothing Fancy by Alison Roman
Wednesday, November 20 @ 7 pm**

In November, we'll be cooking from *Nothing Fancy: Unfussy Food for Having People Over* by Alison Roman. This newly-released cookbook promises "It's not entertaining. It's having people over" and is featured on many of this year's "Best of Fall Cookbook" lists. **[R]**



**Cookie Exchange: Cookie
Perfection by Martha Stewart
Wednesday, December 18 @ 7 pm**

This month's edition of Cookbook Club is all about cookies. Martha Stewart's latest, *Cookie Perfection*, offers more than 100 recipes sure to make any celebration a real treat. Come to the Library and choose your recipe from the book. Then on the night of our meeting, bring your cookies to share. Everyone will get a box to mix and match and an assortment of cookies to bring home. **[R]**

ADULT LECTURES & EVENTS



BOOK DISCUSSIONS

NIGHT OWLS

Led by Librarian Maura Powers-Smith

Mondays @ 7:30 pm

November 4: *Eleanor Oliphant is Completely Fine*, by Gail Honeyman

December 9: *Leadership in Turbulent Times*, by Doris Kearns Goodwin

DAY LARKS

Led by Librarian Maura Powers-Smith

Tuesdays @ 2 pm

November 5: *Eleanor Oliphant is Completely Fine*, by Gail Honeyman

December 10: *Leadership in Turbulent Times*, by Doris Kearns Goodwin

GREAT BOOKS

Led by facilitator Sue Klug

First Thursday of the month @ 7 pm

November 7: *Wealth of Nations*, by Adam Smith

December 5: *The Clouds*, by Aristophanes

GENEALOGY



Small Footprint, Big Apple: Researching Ancestors of Meager Means and Even Less Fame in 19th Century NYC

Wednesday, December 4 @ 6:30 pm
Many ancestors, particularly immigrants, often didn't have assets that leave the kind of paper trail that

genealogists most often rely on to gather family history. If they also had no fame (or infamy), you may feel that their trail has gone cold. The presented case study, using a New York City example, will teach you what other records can be used to trace your fameless fortuneless ancestors, wherever they lived. *Presentation by Judith Herbert.*

Drop-in Genealogy with Lisa Dougherty Wednesdays, November 13 & December 11 @ 6-8 pm

Professional genealogist Lisa Dougherty is available for free family-history consultations and advice on a drop-in basis, from 6-8 pm the second Wednesday of each month. Get help starting the process, or bring your questions and challenges for help finding solutions.



Enjoy free popcorn while watching recently-released movies in our acoustically-perfect Helderberg Room!



Toy Story 4

Thursday, December 26 @ 6:30 pm

Everyone's favorite group of toys is back! Woody's priority is taking care of his kid. When Bonnie's new homemade toy, Forky, declares himself as "trash" and not a toy, Woody tries to show Forky why being a toy is the most rewarding job. Rated G.

Marvel Movie Marathon!

Friday, December 27

Spend the day watching a few of the best films of the Marvel Cinematic Universe with us!

Guardians of the Galaxy (PG-13) @ 11 am

Black Panther (PG-13) @ 1:30 pm

Thor: Ragnarok (PG-13) @ 4:30 pm

TECH IT OUT

eBook Office Hours

Wednesdays @ 2 pm

November 6, 13, 20

December 4, 11, 18

Want to get free library books or magazines on your iPhone or Kindle? Ask us how! Sign up today for a one-on-one session with an expert librarian. Please bring your library card and your device to the appointment. **[R]**

Devices we can cover:

- Kindle and Kindle Fire
- Nook
- iPhone or iPad
- Android tablets
- Laptops

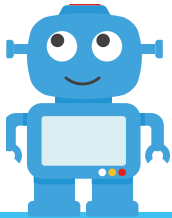


Teen Tech Helpers

Tuesdays @ 3:15 and 4:45 pm

National Honor Society students from Guilderland High School are here to teach you what you need to know about technology! They'll work with you on a variety of topics: phones; tablets; laptops; email; and more. **[R]**

Unable to do Tuesdays? We have excellent computer coaches who can work with you! Call us to learn more.



FUN STUFF FOR KIDS



PRE-K / ELEMENTARY



Playdate Jam!
Fridays, November 1, 15 and
December 6 @ 11 am

Come hang out at this fun music-themed playdate! Classes combine early literacy development skills and imaginative play with age-appropriate activities introducing musical concepts. For children ages 2-5

with a caregiver; younger siblings welcome. **[R]**

Little Lego Club
Monday, November 4 & December 2 @ 3:30 pm

Meet in the Story Hour room and use your imaginations for some creative play with friends. Grades K-3. For younger siblings, we offer Duplo. **[R]**

Project Picture Book
Friday, November 8 @ 3:30 pm: Tacos
Friday, December 13 @ 3:30 pm: Snowmen

Join us for a fun read-aloud and related art project. Please dress for a mess! Grades PreK-2 with an adult caregiver. **[R]**

Library Club
Wednesday, November 13 & December 18 @ 3:30 pm
 Join us for an afterschool snack while we talk about our favorite books, plan future programs, and do a project to benefit the Library! Grades 3-5. **[R]**



Pipe Cleaner Ninjas & Dancers
Thursday, November 14
@ 3:30 pm

It's time for a twisting adventure! Create your own ninjas, dancers, superheroes, and princesses out of pipe cleaners. Take them on adventures or give them as gifts. Grades 3-5. **[R]**

Movie Effects
Thursday, December 12 @ 3:30 pm

It's time for a thrilling adventure with the scientists from Mad Science! We'll create our own special effects (just like in the movies) and discover how science and technology make them possible. Grades 3-5. **[R]**

INFANTS

Baby Yoga and Developmental Movement
Monday, November 4 @ 10:30 am

Learn techniques to strengthen growing muscles, aid digestion, promote better sleep, and support your infant through their growth and development. Moms, Dads and caregivers welcome! For ages 1-12 months old, with a caregiver. **[R]**

STEAM PROGRAMS



GPL Sprouts
Third Mondays @ 3:30 pm

Hands-on STEM learning for the younger set! Grades PreK-2.

November 18:
Animal Adaptations with the Wolf Conservation Center

We'll take a virtual field trip to the Wolf Conservation Center to learn how these fascinating creatures survive in their environment. **[R]**

December 16:
Life in the Sea with Mad Science
 Our friends from Mad Science are back with ocean-themed fun! **[R]**



Family STEAM Nights

Select Mondays @ 6:30 pm
Local colleges' science departments will be here with fun, hands-on science activities for kids! For children in grades 2-6, with their families.

November 4: hosted by the Siena Physics Club **[R]**
December 2: hosted by the Tang Museum – limited space **[R]**

Saturday STEAM
Awesome Art
November 16 @ 2 pm

Dive into the world of STEAM and have fun doing interactive art projects like shaving cream paint and drawing magic milk! We'll explore the world of art and how it's related to science. Grades K-4. **[R]**



Mix it Up!
December 14 @ 2 pm

Dig up your inner scientist as we explore the world of mixtures and density. We will be doing fun interactive activities like self-inflating balloons and density towers! Grades 2-5. **[R]**

TEENS

VolunTeen Program

Teens in Grades 8-12 can volunteer at the Library and earn community service hours! Applications can be picked up at the Youth Service desk.



Baby Bookworms
Tuesdays @ 10:30 am
November 12 - December 17

A storytime full of songs and fun. Make a weekly date to build memories with your baby, lay a foundation for success with pre-literacy skills, and connect with other caregivers in the community. *Ages Birth-18 months with a caregiver.*

Toddler Time
Tuesdays and Wednesdays @ 10:30 am
November 12 - December 18
No storytime November 27

We will do a variety of activities to encourage early literacy and motor skills including: reading stories, singing, dancing, playing instruments, and creating crafts (both sessions will feature the same activities). *Ages 19-36 months with a caregiver.*

Preschool Drop-in Storytime
Wednesdays & Thursdays @ 10:30 am
November 13 - December 19
No storytime November 27-28

Early literacy skills promote success in school! Join us for stories, songs, and movement. *Ages 3-5 years with a caregiver; younger siblings welcome.*

Waddler Time
Thursdays @ 10:30 am, November 14 - December 19
No storytime November 28

This storytime provides bonding and early literacy learning. Books, music & movement, rhymes & bounces, and fun with puppets are included each week. The program concludes with time for play and socialization. *Walkers up to 24 months, with a caregiver.*

AN IMPORTANT NOTE ABOUT STORYTIMES

If the Guilderland Central School District is delayed or closed, storytimes are not held on that day. Children must be accompanied by an adult caregiver.

FAMILY / ALL AGES



Star Wars Cantina
Friday, December 6 @ 6:30-8 pm

Gather your fellow Jedi, Rebels, Imperials, and Mandalorians for a night of celebration! Stop by anytime for Star Wars food, Cantina

music, trivia questions, prizes, and other fun surprises! Plus, the best costume/cosplay will receive an award at the end of the night (so costumes are strongly encouraged). Star Wars fans of all ages are welcome!

Snowman Sock Creature
Monday, December 9 @ 6:30 pm

Come to the Library and have fun creating your own fabric snowman. Use it as a holiday decoration or give as a gift. All materials will be provided. **[R]**

'Tis the Season for a Ukulele Sing-along
Friday, December 20 @ 11 am

Join us for this fun, wintry-favorites ukulele sing-along! Ring bells and enjoy a hot chocolate (with marshmallows, of course). No registration required, just drop in.

Magical Frozen Party
Tuesday, December 31 @ 11 am

Come celebrate with your favorite Frozen characters! We'll have karaoke, activities, and a sweet treat to wrap up the year in a fun and festive way. Costumes are encouraged for all ages!



Bus Trip to New York City
Saturday, December 7

Leave Farnsworth Middle School @ 7 am
 Return to Farnsworth Middle School @ 10 pm
 Cost: \$50 per person
 See www.guilderlandlibrary.org/nyc and click on the "purchase tickets here" link to reserve your spot!

Help Wanted

Guilderland Public Library is seeking to fill a **Board of Trustees Treasurer** vacancy. Interested candidates with financial expertise are encouraged to contact Board President Bryan Best at: 518.265.4432 or bestb@guilderlandlibrary.org.

We are also accepting applications for a **Part-Time Custodian**, 20 hours per week. Please see <https://guilderlandlibrary.org/get-to-know-us/people/careers-help-wanted>, or inquire within for details.

LIBRARY HOLIDAY HOURS

CLOSED:

Monday, November 11 - Veteran's Day
 Thursday, November 28 - Thanksgiving
 Tuesday, December 24 - Christmas Eve
 Wednesday, December 25 - Christmas Day
 Wednesday, January 1 - New Year's Day

CLOSING @ 2 pm:

Wednesday, November 27 - Thanksgiving Eve
 Tuesday, December 31 - New Year's Eve