



GUILDERLAND

PUBLIC LIBRARY

VOLUME 26, ISSUE 5

GUILDERLANDLIBRARY.ORG

MARCH - APRIL 2019



The U.S. Citizenship Exam – Could You Pass?

Thursday, March 21 @ 7 pm

So you think you know the US of A? Many of us are citizens by right of birth, but if you come from another country and want to become a US citizen, you need to pass a civics test. Think you could do it? Come to a fun-filled night of trivia and find out! For teens and adults. ③

Local Government Taxation

Thursday, April 11 @ 7 pm

Real Property Taxation is how local government is funded. Taxes are based on a fair assessment of the value of our homes and businesses. Learn how local assessment and tax administration works in Guilderland and what the Town's property reassessment project will do to the amount of taxes we pay. The Guilderland Assessor, Karen Van Wagenen, and Assessment Review Hearing Officer, Tony Cantore, will discuss how assessments are determined and how fairness and equity are achieved through the assessment review process. For adults. ③

THE SERIOUS SIDE OF FOOD: A Readings and Discussion Program

Intro session

Wednesday, March 6 @ 6:30 pm - 7 pm

Workshop sessions

Wednesdays,

March 20, 27; April 3, 17, 24; May 1 @ 6:30 pm - 8 pm

This six-part reading and discussion series, funded by Humanities New York, will explore an aspect of our culture that often gets taken for granted: food. Food provides both nourishment and pleasure, of course, but under the surface of each meal is a series of complex interactions and entanglements. Working with historical accounts, novels, and narrative nonfiction, this series exposes some of the issues that lie on our plates. Books are provided. Space is limited. Please plan to attend all sessions. *Presenter: Steve Barnes, Senior Writer and Arts Editor at the Times Union, and Adjunct Professor of Journalism at University at Albany.* ③

All-Ages **DISNEY** Trivia Night

Friday, April 26 @ 6 pm

Let's get down to business: It's time for the Most Magical Trivia Night on Earth! Gather a team of up to five people and be prepared for trivia questions covering all things Disney. Disney fans of all ages are invited to be our guest, but each team must have at least one person age 16 or older. Only one person per team should register. When registering online, please indicate in the notes field how many people will be on your team. ③

GPL SUNDAY CONCERT SERIES 2019



Toss the Feathers

Irish trio performs traditional tunes

March 10 @ 2 pm

The Guilderland High School Chamber Strings & Chamber Choir

April 14 @ 3 pm

*Please note different start time *

ADULT LECTURES & EVENTS



★ Library Moon Walk Continues!

Three library systems continue to work in partnership until April to “reach the moon” (238,900 miles away) – by having library patrons log their exercise. We started in January, and we’ve still got a way to go! Visit the website <https://librarymoonwalk.sals.edu> to log your steps, miles, or minutes of exercise and your zip code. That’s it! Click on the moon and you’ll see a shared calendar of health programs at GPL and other libraries. Click on the Earth and be taken to Medline Plus, the National Library of Medicine’s authoritative and free health information source.

★ (For our programs that are part of the Moonwalk, look for the “Stars” throughout the newsletter.)



Developed resources reported in this project and Internet site are supported by the National Library of Medicine (NLM), National Institutes of Health (NIH) under cooperative agreement number UG4LM012342 with the University of Pittsburgh, Health Sciences Library System. The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health.

★ Tai Chi and QiGong With Rich Goodhart Thursdays at 11 am: March 7, 21; April 4, 18



QiGong, and its related form Tai Chi, is an ancient Chinese practice of gentle exercise that emphasizes deliberate, almost dance-like movements. Thanks to the Albany Guardian Society, we’re able to continue these popular classes! Wear comfortable clothes that permit movement. ③

★ Get a Great Night’s Sleep Wednesday, March 13 @ 6 pm

Did you know sleep deprivation can harm your health and affect relationships? Explore ways to get peaceful, revitalizing, uninterrupted sleep. Your presenter is Barb Stevens, CHT, a stress management consultant with CDPHP.

Music and the Mind Wednesday, March 20 @ 7 pm

Learning and playing music, more than almost any other activity, strengthens and preserves brain function. Moreover, the brain of a musician is markedly different from that of a non-musician! University at Albany Associate Professor of Neuroscience, Dr. Ewan McNay, discusses just how and why this happens, and explains how continuing music education helps keep your brain young.

Climate Change: Myth and Reality

Saturday, March 16 @ 2 pm

An expanding body of scientific research is sounding an ominous alarm about the likelihood of an increase in disastrous impacts linked to changes in the world’s climate. Yet our Federal government’s effort to combat climate change is declining and the issue has failed to gain significant traction in recent elections. Why? Where do we go from here? Presenter Bill Saxonis will offer a hard look at these important and controversial topics.

Bill Saxonis has nearly 40 years of energy policy experience and teaches an energy policy/ climate change course at the Rockefeller College of Public Affairs and Policy.

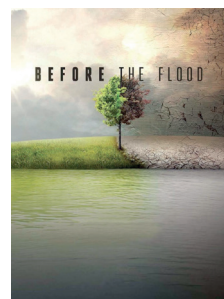
You CAN help save the world! The Drawdown EcoChallenge, March-April

“Drawdown” is the point in time when greenhouse gases begins to decline on a year-to-year basis. During the months of March and April, visit the library for information about Project Drawdown and ways each of us can help reverse global warming. The Drawdown EcoChallenge, from April 3-24, lets you record the ways that you are helping battle climate change. Register your completed challenges at the library and be entered to win a prize. Then join us for a screening of “Before the Flood.”

Movie Screening: BEFORE THE FLOOD

Monday, April 15 @ 7 pm

This important film looks at the effects of climate change across the planet and ways that we can help.



Cookbook Club

A Monthly Feast

Meet each month to talk about cooking and sample dishes (made by participants!) from a selection of books chosen by our staff. You’ll also have a chance to take home a copy of the “book of the month.”

Magnolia Table, by Joanna Gaines

Wednesday, March 13 @ 7 pm

This month, we’re featuring the HGTV star’s family-centered cookbook!

Cooking with Your Kids! Edition

Wednesday, April 24 @ 3:30 pm

Join us for a special, kid-friendly version of our Cookbook Club! Select a recipe from *America’s Test Kitchen: The Complete Cookbook for Young Chefs* OR *Good Housekeeping: Kids Cook!* And then bring your dish to the Library to share. **Please note: this program is for Grades 3-8 with an adult.**

ADULT LECTURES & EVENTS

Bee Keeping 101 with the Southern Adirondack Beekeeper's Association

Saturday March 23 @ 2 pm

Are you curious about beekeeping? Get an introduction from the experts at the Southern Adirondack Beekeeper's Association. Bring your questions and find out if beekeeping is for you.

Better Angels

Information Session

Thursday, April 4 from 7-8:30 pm

Tired of walking on eggshells with friends and relatives on the other side of the political divide? Do you want to do something about the nasty polarization in our country, without giving up your own values and positions? Then come learn about Better Angels, a national, grass-roots movement to detoxify and heal American political polarization. Our name comes from Abraham Lincoln's first inaugural address, just before the start of the Civil War. Find out what our members are accomplishing locally and across the USA, and how you can get involved. Light refreshments will be provided. ③

MARK YOUR CALENDARS!

Better Angels: Skills Workshop

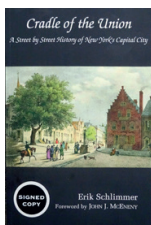
Saturday, May 4 from 2 – 4:30 pm

Better Angels: Red/Blue Workshop

Saturday, June 1 from 9:30am – 4:30 pm

CRADLE OF THE UNION

A Street by Street History of New York's Capital City
Author talk and book signing Saturday, April 13 @ 2 pm



The City of Albany has 800 streets, and thus as many street names. In this program, author Erik Schlimmer takes audiences on a virtual tour of street names, weaving in stories of war heroes, criminals, founding fathers, and Dutch settlers. The author will have copies of his newest book for sale.

Etsy Success: Open Your Online Etsy Shop

Saturday, April 6 @ 10 am-1:30 pm

Learn how to set up your shop and walk away with a new online store! Topics include: choosing a shop name, photographing wares, pricing and shipping items. This workshop is ideal for craftspeople, artists, and sellers of vintage items. Participants must have an Etsy account prior to attending this workshop. Bring your own laptop, iPad, or tablet. Contact us if you want to use one of ours (supplies are limited). This is a three hour hands-on workshop. ③

Work/Life Balance: Tips and Techniques

Wednesday, April 10 @ 6:30 pm - 7:30 pm

Are you merely trying to get through each day? Do you barely make it to the end of the week and then feel completely exhausted by the time you get home? If this sounds like you, perhaps your work/life balance is out of whack. Dr. Tom Denham will teach you to analyze your present situation and begin the process toward wholeness. ③

Browse, Buy & Sell with eBay

Wednesday, April 17 @ 6:30 pm - 7:30 pm

Get started buying and selling on eBay! Learn how to make and manage an account, list items for sale, and place your own bids on all kinds of items. Sarah McFadden, the Digital Literacy Educator from Cornell Cooperative Extension of Rensselaer County will provide the workshop.

These two workshops are offered courtesy of UHLS 2019 Adult Literacy Grant. ③

Understanding Stocks, Bonds and Mutual Funds

Tuesday, April 23 @ 6:30 - 8 pm

This course outlines the differences between various types of investments. Learn how proper asset allocation can lower your overall risk and increase your return – important considerations in the currently volatile market. Track and monitor your investments with confidence as you plan for your financial future. Presented by Nick Stark, CFP, of Halliday Financial. ③

POETRY WORKSHOP

Creative Containers: Finding your unique voice, in verse forms With Poet Susan Comminos

Tuesdays, April 9, 16, 30 & May 7 @ 6:30 pm - 8 pm

April is National Poetry Month, so get your poetry skills on! In this workshop, designed to combine your distinctive voice and style with poetic technique, you'll learn how to write whatever you like – and then artfully fit your best lines into verse forms like sestina, villanelle, and sonnet. In addition to writing, we'll also read and unpack several verse poems by leading contemporary poets, so we can understand how poems work and then use them as our models.

Guilderland resident Susan Comminos is both a journalist and poet. Her work has appeared in the *Atlantic Online*, *The Boston Globe*, and *Christian Science Monitor*, among others. Her poetry is published or is forthcoming in the *Harvard Review Online*, *Hobart*, *Prairie Schooner*, *North American Review*, and other publications. She teaches both literary analysis and writing, most recently for SUNY Albany.

No previous poetry experience is necessary. Space is limited. ③

ADULT LECTURES & EVENTS

**Drug Take-Back Day**

Saturday, April 27 @ 10 am - 2 pm

The Guilderland Public Library and the Guilderland Police Department are teaming up for the U.S. Drug Enforcement Administration's nationwide Drug Take-Back Day, a one-day collaborative effort between the DEA and state and local law enforcement agencies focused on removing potentially dangerous controlled substances from our nation's medicine cabinets.

Medications CANNOT be left at the library prior to April 27.

Medications may be turned in to the police officers in the library's auxiliary parking lot from 10am to 2pm on April 27 only.

What CAN be disposed:

- Controlled, non-controlled, and over the counter substances
- Medication in its original container or removed from its container and disposed of directly into the disposal boxes. (If an original container is submitted, be sure to remove any identifying information from the prescription label.)

What CANNOT be disposed:

- No sharps or syringes

Drug Take Back Day officials will not ask questions of nor request identification from anyone.

BOARD OF TRUSTEES

Bryan Best,
President

Herbert Hennings,
Vice President

Kaitlin Downey,
Secretary

Christopher Aldrich
Barbara Fraterrigo

Peter Hubbard
Michael Marcantonio

Barry Nelson
Karen Carpenter Palumbo
Nareen Rivas
Jason D. Wright

Tim Wiles,
Library Director

Carroll Valachovic,
Trustee-
Appointed Treasurer

Board meetings are held in the
Library's Tawasentha Room
@ 7 pm. - March 21, April 18

The Guilderland Library News is a bi-monthly publication
available at the library and online at
www.guilderlandlibrary.org.

GENEALOGY

**Drop-in Genealogy with Lisa Dougherty**

Wednesday March 13 @ 6 pm

Wednesday April 10 @ 6 pm

Professional genealogist, Lisa Dougherty, is available for free family history consultations and advice on a drop-in basis from 6-8 pm the second Wednesday of each month. Bring your questions and 'brick walls' for help finding solutions.



New York State
Archives

Genealogy: Accessing the New York State Archives

Saturday March 2 @ 2:00 pm

The New York State Archives, located in Albany, is an incredible resource for those interested in Genealogy or local history, but it can be difficult to know where to start. Archivist Monica Gray will give a presentation on how to utilize this resource to find the information you want.

MARK YOUR CALENDARS FOR THIS SPECIAL EVENT!**NY Living Legacy: PETE SEEGER**

May 4 @ 11 AM

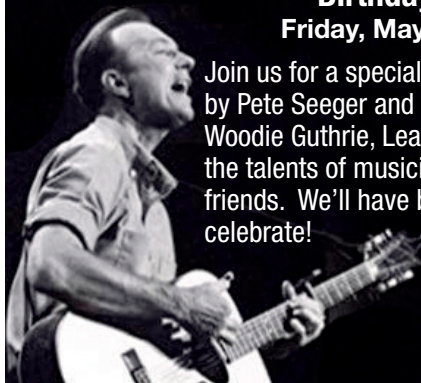
Join us for a very special multi-media lecture and Q and A to celebrate the centennial birthday of beloved folk legend Pete Seeger! Noted music writer Jesse Jarnow, author of *Wasn't That a Time: The Weavers, the Blacklist, and the Battle for the American Soul*, presents a program enhanced by photo projections and music.

Presented in partnership with the Empire State Plaza Performing Arts Center.

Pete Seeger's Centennial Birthday Songfest!

Friday, May 3 @ 6-7:30 pm

Join us for a special performance of songs by Pete Seeger and his orbit (Weavers, Woodie Guthrie, Lead Belly, et. al.), featuring the talents of musician Michael Eck and friends. We'll have birthday cake to celebrate!

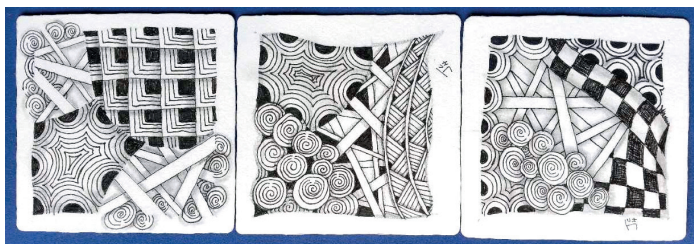


GUILDERCRAFTS

Pickled Kirbys

Tuesday, March 12 @ 7 pm

Make and take a jar of pickled Kirby cucumbers and learn a quick and easy technique for pickling vegetables at home. Unlike cooking, pickling preserves all the vitamins and antioxidants found in raw vegetables and keeps them fresh for weeks, making it a great way to cut down on food waste. Plus, the results are delicious! ③



Introduction to Zentangle

Thursday, April 4 @ 7 pm

The Zentangle Method™ is an easy-to-learn, relaxing and fun way to create beautiful images by drawing structured patterns. In this workshop, we will cover the history, the applications and the steps of creating an original Zentangle tile. This is a great starter class that is bound to leave you thirsty for more. Taught by certified Zentangle instructor, Jeanine Hughes. ③



Paint and Sip: Spring Bouquet

Thursday, April 18 @ 6:30 pm

Enjoy a glass of wine while you create a work of art. Follow our instructor's step-by-step directions to create a beautiful floral still-life, or just do your own thing. **You must be age 21 or older to attend this program and will be asked to show proof of ID.** ③

Shades of Gray: Advanced Zentangle Shading

Thursday, May 2 @ 7 pm

Shading adds dimension and contrast. This class isolates the shading process and shows students how a single graphite pencil has the ability to produce not just one color, but many. Explore shading techniques...the Zentangle way. Participants with some Zentangle experience will benefit most from this class, but all are welcome. If you have Zentangle supplies, please bring them. Taught by certified Zentangle instructor, Jeanine Hughes. ③

JUST FOR PARENTS

Newborn Nutrition

Monday, March 4 @ 10 am

Registered Dietitian, Patty Wukitsch MS, RD, CDN, will answer your questions about infant nutrition, starting babies on solid food, and making your own baby food at home.

Moms, Babies and Cake!

Friday, March 22 @ 11:30 am

If you have a new or young baby, set aside time to join us to chat, relax and ask questions to other moms about all things baby. You may need reassurance that everything is normal; you might have questions about sleep, feeding, routines; you might be feeling overwhelmed or you might just need a cup of coffee and a lot of cake along with some adult company. Parent/child resources will be provided while you chat and babies will enjoy playtime. We encourage you to bring along your favorite cake for us to try. This program is for parents with babies ages birth - 12 months. ④



BOOK DISCUSSIONS

NIGHT OWLS

Led by Librarian Maura Powers-Smith

Mondays @ 7:30 pm

March 11: *Winter Sisters* by Robin Olivera

April 8: *The Stranger in the Woods:*

The Extraordinary Story of the Last True Hermit, by Michael Finkel

DAY LARKS

Led by Librarian Maura Powers-Smith

Tuesdays @ 2 pm

March 12: *Winter Sisters*, by Robin Olivera

April 9: *The Stranger in the Woods:*

The Extraordinary Story of the Last True Hermit, by Michael Finkel

GREAT BOOKS

Led by facilitator Sue Klug

Thursdays @ 7 pm

March 7: *My Life as a Fake*, by Peter Carey

April 4: *The Tempest*, by William Shakespeare



Little Lego

Mondays, March 4 and April 1 @ 3:30 pm

Use your imagination for some creative play with friends. You can bring your own bricks or use the library's collection. We will display your creations in the Library! For younger sibs, we offer Duplo. Grades K-3. **4**

Library Club

Wednesday, March 20 & April 17 @ 3:30 pm

Join us for an afterschool snack and we'll talk about our favorite books, plan future programs, and do a project to benefit the Library. Grades 3-5. **4**



GPL Adventures: Detective Science

Thursday, March 14 @ 3:30 pm

It's time for a crime-solving adventure! Explore the world of detectives and forensic scientists. Mad Science is turning our room into a crime-solving lab and we need you to solve the clues and test the evidence to figure out who committed the crime! Grades 3-5. **4**

GPL Adventures: Mazes

Thursday, April 11 @ 3:30 pm

It's time for an a-maze-ing adventure! Do you have what it takes to solve a giant rope maze? How about the tiniest paper maze ever? Sure you do! But can you make your own marble maze to challenge your friends and family? Come and put your skills to the test. Grades 3-5. **4**

Bee Bee the Clown is Back!

Thursday, April 25 @ 2 PM

Bee Bee the Clown is returning to GPL to share laughter, fun, balloons and the sillies with us. Without a doubt, her show will delight and amaze kids of all ages. You will not want to miss this special performance!

BOOK PARTIES AND ACTIVITIES

Project Picture Book!

Second Fridays @ 3:30 pm

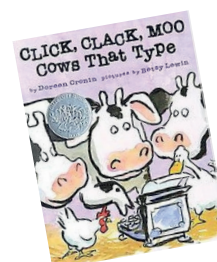
Join us for a fun read-aloud and a special art project related to the book! Be sure to dress for a mess! Grades PreK-2. **4**

March 8: Paper Sculptures

April 12: Earth Day Sun Catchers

Doreen Cronin's Click Clack Moo

**with WMHT's Barbara Lukas
Saturday, April 13 @ 10:30 am**



Farmer Brown has a problem: his cows like to type. All day long he hears Click, clack, moo, Click, clack, moo... But Farmer Brown's real problems begin when his cows start leaving him notes! Come join the fun as a bunch of literate cows turn Farmer Brown's farm upside-down. We will listen to the story and do some fun activities based on the book. Grades Pre-K - 1, with a caregiver. **4**

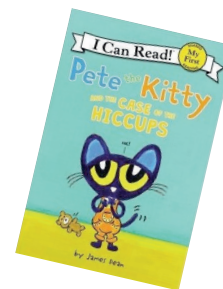
Read to Furry Friends

**Wednesday, March 6 &
April 10 @ 6:30 pm**

Our favorite furry (and not-so-furry) friends—Groucho Barx the dog and Goose the hairless cat – are very patient and attentive listeners. Reading to them is a great way for beginning readers to use their new skills in a fun and relaxing setting.

Pete the Kitty Book Party

Wednesday, April 17 @ 6:30



It's Pete the Kitty, not the "older" Pete the Cat. Emergent and new readers can register and come to GPL to pick up their copy of the book to take home and read. Then celebrate the book with us – we will talk about the book, play some games, do some crafts and have a snack. Grades K-1. **4**

TEENS AND TWEENS

**Teen Winter Writing Contest Reception**

Wednesday, March 6 @ 6:30pm

at the Clifton Park-Halfmoon Public Library

A Reception to celebrate participants in the Teen Winter Writing Contest will be held at 6:30pm at the Clifton Park-Halfmoon Library with readings from the winning submissions.

The Teen Winter Writing Contest is a collaboration between the Guilderland Public Library and the Clifton Park-Halfmoon Public Library. ④

Build It/Make It Club

Tuesday, March 19 & April 9 @

7:00pm

Each month we'll have free time to make a quick craft project and build with our LEGOs and KEVA Planks. Grades 6-12.

**Bad Art Night**

Monday, April 22 @ 7pm

Get creative and make your best (worst) disasterpiece! Grades 6-12. ④

Strengthening Families Program

Thursday, April 25 @ 6 pm

Come to a fun, interactive workshop for parents/caregivers and tweens 8-12 yrs old! This program allows parents/caregivers to spend special time with their youth and help him/her be successful in the teen years. During this workshop, parents/caregivers and their youth will learn ways to build on existing strengths, improve communication skills, and have fun together as a family. Dinner will be provided. Please call to register tweens for this program and plan to attend. ④

ALL AGES/FAMILIES

**Origami Craft: Animals Bookmarks**

Tuesday, April 23 @ 7:00 PM

Learn the Japanese art of paper folding and craft adorable animal bookmarks. Supplies will be provided. All ages welcome. Please register each person. ③

**Snowy Owl Program
with Joyce Perry - Families**

Friday, March 22 @ 2pm

Joyce Perry of Whispering Willow Wildcare will be here with her birds of prey...featuring a Snowy Owl! Presentation includes live animals. For families. ④

**DISNEY
MOVIES**

This winter, we're showing classics and family favorites. It's all leading up to our Disney Trivia Night, which will be held April 26 (see page 1 for info)! Beat the winter blues with a fun movie and popcorn.

March 3 @ 2 pm: THE LITTLE MERMAID (Rated G; 1h 25min)

March 17 @ 2 pm: MULAN (Rated G; 1h 28m)

March 24 @ 2 pm: THE EMPEROR'S NEW GROOVE (Rated G; 78m)

April 7 @ 2 pm: TANGLED (Rated PG; 1h 40m)

Storytimes



Baby Bookworms

Tuesdays @ 10:30am

(No storytime April 23)

A storytime full of songs and fun. Make a weekly date to build memories with your baby, lay a foundation for success with pre-literacy skills, and connect with other caregivers in the community. Babies ages birth to 18 months old, with a caregiver.

Toddler Time

Tuesdays and Wednesdays @ 10:30am

(No storytimes April 23, 24)

We will do a variety of activities to encourage early literacy and motor skills including: reading stories, singing, dancing, playing instruments, and creating crafts (both sessions will feature the same activities). Toddlers 19-36 months old, with a caregiver.

Preschool Drop-in Storytime

Wednesdays & Thursdays @ 10:30 am

(No storytimes March 13, 14, April 24, 25)

Early literacy skills promote success in school! Join us for stories, songs, and movement! Ages 3-5 years, with a caregiver. Younger siblings welcome!

Wee Waddler Time

Thursdays @ 10:30 am

(No storytime April 25)

Music and movement, rhymes and bounces, puppets, read-alouds, toys, bubbles and more. Crawlers, waddlers, and walkers up to 24 months, with a caregiver.

3 Little Birds: Music and Movement

Fridays @ 10:30 am

(No storytimes March 22, April 19, 26)

Sing, dance and join our 3 Little Birds – Penny, Poppy & Pete – for a fun-filled class your whole family will enjoy! This program is dynamic and interactive, so come ready to participate in the fun. Ages birth to 5 years, with a caregiver.

*March 29 @10:30 am the Normanskill Strummers will be joining us again for a special “Songs We Love” *ukulele class!*



AN IMPORTANT NOTE ABOUT STORYTIMES:

If the Guilderland Central School District is closed, or delays classes, Storytimes are not held on that day. Children must be accompanied by an adult caregiver at all Storytimes. Storytimes are designed to reinforce early literacy skills. Librarians may use a combination of stories, videos, singing, crafting, playing, puppets and movement to entertain and teach. Choose the Storytime that's best suited for your child's age!



“STEAM” PROGRAMS FOR KIDS



Family STEAM Nights

First Monday of the Month @ 6:30pm

Local schools' and colleges' science departments will be here with fun hands-on science activities for kids! For children in grades 2 – 6, with their families. ④

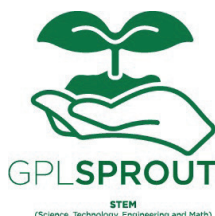
March 4 hosted by the HVCC Chemistry Department

April 1: Family STEAM FAIR!

Calling all budding scientists! We wrap up our fun year of STEAM with a kid-centered STEAM FAIR! Bring in your STEAM-based projects to show your friends! Local college science departments will be on hand, too! ④

Participating schools: SUNY Polytechnic Institute, RPI, UAlbany Society of Physics Students, Union College Society of Physics Students.

Bonus Date May 6 hosted by the Tang Museum



GPL Sprouts

STEM for grades PreK-2 with a caregiver, featuring miSci ④

Mondays @ 3:30 pm

March 11: Rosie Revere, Engineer!

April 15: How Tiny is Tiny?

Meet the Impressionists

Tuesday, April 23 @ 2pm

Learn about famous Impressionist artists and try your hand at a special Impressionist-style painting project. Grade 2 and up. ④