



“Burden of the Ballot”

An original one-act play by Dr. Krysta Dennis, Lecturer in Creative Arts at Siena College

Sunday, November 5 @ 2 pm

When Emily Rankin’s college friend Dorry Scribner comes for a visit, things do not proceed as usual at Cherry Hill in Albany. Dorry is a suffragist, and the Rankins are not so sure women’s suffrage is a good idea. This dramatic representation of the suffrage question brings out the hopes and fears of these women living through this important moment in American history.



2017 is the 100th anniversary of women’s right to vote in New York State!

300 Years of Guilderland Place Names

From the West Manor of Rensselaerwyck to Westmere
Saturday, November 18 @ 2 pm

Using photographs from the Guilderland Historical Society’s extensive collection, Mary Ellen Johnson will describe the evolution of the names of our town’s communities.

Some of the names are still in everyday use, others are obsolete, and still others are remembered only by old timers or local history buffs.

Medicare 101: A User's Guide

Monday, November 20 @ 1 pm

If you are enrolled in Medicare or soon to be enrolled, you may have many questions: what is Medicare Part A? Part B? Part D? What does Medicare pay for? What will be your contribution? How are prescriptions covered?

Medicare can be very confusing, but help is here: Janet Kiffney, a certified Medicare Counselor with HIICAP (New York State’s Health Insurance Information Counseling and Assistance Program), will present a “soup-to-nuts” program on Medicare and answer all your questions. You’ll leave with a better understanding of your options and your obligations with regard to health insurance. ③

This presentation is free and sponsored by the New York State Office for the Aging and the Albany County Department for Aging.

See more Consumer Health classes on page 2.



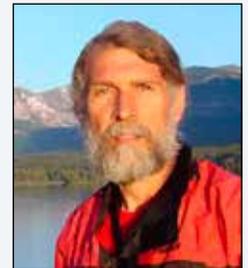
GPL Photo Forum

Carl Heilman II: Adirondack Photographer

Thursday, November 16 @ 7 pm

Special Event! Carl Heilman II is an award-winning outdoor photographer who specializes in nature panoramas, murals and nature photography of Lake George, Lake Champlain, the Adirondacks, New York State, the Maine Coast, Montana as well as wilderness areas of National Parks in the U.S. and Canada.

Carl will talk about his work, and present a slideshow of his wonderful photos. Books will be available for purchase and signing.



Sunday Concert Series

All concerts begin at 2 pm

Maria Zemantauski

November 12

Classical and flamenco guitarist performs solo.



Lark Strings

December 10

Quartet performs classical and contemporary works.

Suburban Sounds Holiday Concert

December 17

Local choral group sings your holiday favorites.

ADULTS

Special Documentary Screening

“You’re Looking at Me Like I Live Here and I Don’t”

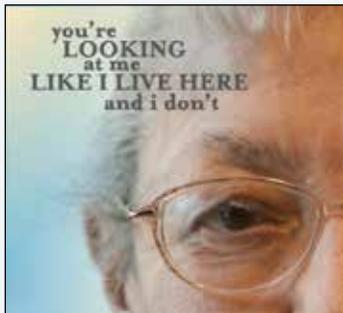
With Alzheimer’s Association of Northeastern New York and Community Caregivers

Tuesday, November 21 @ 6 pm

This moving, award-winning documentary is told from the perspective of a woman with Alzheimer’s Disease, and is the first filmed entirely in an Alzheimer’s and other dementia unit.

Maura Fleming, Capital Region Program Manager for the Alzheimer’s Association of Northeastern New York will give a brief introduction to the film.

Join us for this event, held in commemoration of National Alzheimer’s Disease Awareness Month.



Women’s Health: Fact or Fiction

A CDPHP Program

Tuesday, November 28 @ 6 pm

Make health a priority in your life! Join us to review common misunderstandings about women’s health, get the facts and recommendations, and learn steps you can take to improve your health at every age and every stage. ③



Wonderful World of Tea

Teas of the World: Japan

Thursday, November 9 @ 6:30 pm

Join Matt from Short & Stout Tea Co. as he shares about his family’s recent “tea trip” to Japan! You’ll learn about Japanese tea varieties and the famous Japanese tea ceremony. Tea tasting included. ③

Tea Traditions

Thursday, December 7 @ 6:30 pm

Learn about holiday traditions connected to teas and tisanes with Matt from Short & Stout Tea Co. Get some ideas on brewing up your own holiday tea traditions this year! Tastings included! ③

Mindfulness Eating

Wednesdays @ 6:30 pm: November 1, 8, 15 & 29

Looking for a new path on your journey to a healthy and balanced approach to food and eating? Try this four-week class!

The combination of 24-hour app support, daily mindfulness practices and group sessions offers a comprehensive approach to helping you transform your relationship with food. Sessions led by Jennifer Mandato, OTD, MEd, OTR/L.

Please note: Participants must download the **Eat Right Now** app, which costs \$24.99. When you download the app, you get a free, four-day trial period. Please plan to attend all four sessions. ③

Dungeons and Dragons at the Library!

Saturdays: November 4, 18 & 25; December 2, 9 & 16.

From 2:30 - 4:30 pm

If you’ve always wanted to learn how to play Dungeons and Dragons, now is the time!! We’ll be running a 6-session “Funhouse”-Style campaign. Make your own character and learn how to play! Bring dice if you’ve got ‘em, or borrow ours. ③



Hygge Hangouts: Gettin’ Hygge With It

Second Thursday of the month @ 7 pm

Hygge is the Danish concept of happiness through all things comfy and cozy. GPL’s Hygge Hangouts are a time to gather, enjoy the company of others, relax, and snack. ③

November 9: Watch. The holidays might be stressful, so this week, we settle in to relax and watch a movie.

December 14: Craft. Make a cozy holiday craft.

No-Sew Blanket Fundraiser!

Monday, November 13 @ 6:30 pm

Make a fleece blanket with no sewing required! Bring scissors and two yards of fleece, and we’ll teach you to make a blanket, which will be donated to victims of Hurricane Harvey, and to local homeless shelters.

3-D Geometric Origami

Friday, November 17 @ 7 pm

Everyone will enjoy this fun demonstration of the basic techniques of paper folding into 3-D geometric shapes.

Create geometric paper objects with your hands and feel a sense of accomplishment! Supplies will be provided. Beginners are welcome, and experienced paper folders are encouraged to share their skills. ③



ADULTS

Mead: The Ultimate Handcrafted Beverage

Friday, November 10 @ 7 pm

You must be 21+ on the date of the event to attend this program; IDs will be checked

What is mead? Peter Voelker of Helderberg Meadworks will tell about how mead is made from all natural ingredients. He'll also tell about the history of mead and teach you mead-making basics so you can make mead at home!

This versatile honey of a drink can be enjoyed plain or used in cocktails. There will be tastings! ③



Pinterest Wins! Terrarium Edition!

Thursday, November 30 @ 7 pm

Once a month, we will explore different uses for Pinterest. In November, we will grab ideas from Pinterest to make our own small terrariums. All supplies will be provided – all you have to do is register. ③



Introduction to Airbrushing

Saturday, December 2

Two sessions: 9 am - 12:30 pm, or 1:30 pm - 5 pm

Are you interested in Special Effects Makeup? Have you seen the TV show Face Off and thought, "That looks really fun!"? Then join us for this fully hands-on class about basic airbrushing techniques! Special Effects Makeup studio Decimated Designs will bring all the airbrushing supplies; all we need is you!

There will be two sessions of the same class. Please register for only one, either the morning session or the afternoon session. Open to everyone 16 and up. ③

Decimated Designs is a special effects makeup and fabrication studio hailing from New Britain, CT. They specialize in makeup effects, foam fabrication, and scenic design. They produce haunts in the CT/NY area and provide supplies to haunts around the country. They have also created props for Nickelodeon events and short films.

GPL Pop-Up Library!

@ Crossgates Mall

Friday, November 3 @ 8:30 - 10 am

Are you a mallwalker? Staff from GPL will have a table at Crossgates Mall in the early morning. Be sure to stop and visit with us!

eBook Office Hours

Wednesdays November 15 & 29, and December 13 & 27

Two sessions each day, NEW times: 2 - 3:30 pm AND 6 - 7:30 pm

Want to get free library books or magazines on your iPhone or Kindle? Ask us how! Sign up today for a one-on-one session with a staff expert. ③

Please bring your library card and your device to the appointment. Devices we can help you with:

- Kindle and Kindle Fire
- Nook
- iPhone or iPad
- Android tablets
- Laptops

Computer Coaching

Do you need help learning how to use a computer, laptop, or Apple product? Do you want to brush up on your existing skills? We have volunteers who can help you! Call us to make an appointment. ③

Getting Paid to Wait

Maximizing Your Social Security Benefits

Wednesday, December 13 @ 6:30 pm

Brian Doherty, author of the award-winning book *Getting Paid to Wait: Bigger Social Security Benefits the Simple and Easy Way*, will discuss ways to maximize your benefits. In addition, he will also discuss what he calls the "3 Massive Misguided Reasons" why people claim too early and the "4 Things Everyone Should Know" before claiming their benefits.

The first 20 people in the door will receive a free copy of Brian's book and all attendees will receive a free analysis along with suggested Social Security claiming strategies customized for their personal situation.

Drop-In Genealogy Help

Wednesdays @ 6 pm: November 15 & December 13

Professional genealogist and Guilderland resident Lisa Dougherty takes your questions and gives you guidance on your family history pursuits.

Don't miss this opportunity to get help from the best!



Red Cross Blood Drive

Monday, November 20, 1 pm - 6 pm

Be someone's hero! Give blood at our November drive.

Giving blood is something you can do that helps other people – most people have blood to spare... yet, there is still not enough to go around.

To make a donation appointment, please call 1-800-REDCROSS (800-733-2767). We also take drop ins!



ADULTS

Spirit Medicine Music

A Shamanic Sound Healing Journey for Mind,
Body, and Spirit
With Rich Goodhart

Saturday, December 16 @ 10:30 am

True Sound Healing, a form of Energy Medicine, nourishes our being and brings us to a place of peace and attunement, where inner healing may guide us on a profound journey of heart/spirit/body/mind.



A Himalayan Singing Bowl

Experience the awakened gift of Sound Healing master practitioner, Qigong/Taiji teacher, musician and writer Rich Goodhart and let the Sound take you to the Source and feed your soul.

Featuring a wide array of exotic world instruments – including Primal Earth Gong, Himalayan

Singing Bowls, and Cosmi-Sonic Trance Banjo – this is a great self-care offering to help you prepare for the coming holiday rush!

Book Discussions

Night Owls

Led by Librarian Margaret Lanoue

Second Monday of the Month @ 7:30 pm

November 13: *Clara and Mr. Tiffany*, by Susan Vreeland

December 11: *Born a Crime*, by Trevor Noah

Great Books

Led by Facilitator Sue Klug

Thursdays @ 7 pm

November 2: *Ajax*, by Sophocles

December 7: *Seven Storey Mountain*, by Thomas Merton

Weather Closings and Delays

When the Library's regular hours are adjusted for any reason, our phone message will be updated and an announcement posted on the Library's website and Twitter and Facebook pages; announcements will also be posted on local TV stations and the Times Union website.

Teens & Tweens

Story Writing Workshop

Tuesdays @ 4 - 5:30 pm: November 7, 14 & 28

November is National Novel Writing Month! Do you have a story in you, but don't know how to start, are you stuck in the middle, or can't figure out how to end?

Join award-winning author Janine De Tillio Cammarata for a fun writing workshop, which will focus on writing compelling characters and building plot to create exciting stories! All levels of writers welcome! Bring a notebook and pen or pencil. For Grades 6 - 8. ④



Stupid Sock Creatures Fun and funky friends sewn from socks

Monday, November 13 @ 6:30 pm

Come to the library and learn how to make quirky, lovable figures from socks. Age 12 and up; adults are welcome. ④

Pinterest Wins! Winter Wreaths Edition

Tuesday, December 12 @ 7 pm

In December, we will recycle book pages to make festive winter wreaths and garlands. Ages 12 and up; adults are welcome. ④



Making Jewelry Using Fimo and Other Objects

Monday, December 18 @ 6:30 pm

Welcome to the wonderful world of jewelry making! You will create wearable art using polymer clay. The project is fun and does not require any previous jewelry-making skills.

You will learn some simple techniques that will enhance your pieces and give them a very professional look.



Building Perches for Rescued Raptors!

Thursday, December 28 @ 2 pm

For the last 17 years, Whispering Willow Wild Care of Guilderland has been rescuing injured wildlife in the area.

With help from the Five Rivers Environmental Education Center, come build owl and raptor perches for rescued birds. Kids will receive volunteer hours for participating. Grades 4 and up. ④



All Ages

All Ages Lego Build!

Wednesdays @ 6:30 pm: November 1 & December 6

Join us for a fun night of all ages Lego building!

Family Games Nights

Mondays @ 6:30 pm: November 20 and December 11

Once a month, let the library become your living room for a night of fun and competition. We'll have games for ages 5 and up and snacks to share.

Dickens' *A Christmas Carol*, with the Puppet People

Saturday, December 30 @ 10:30 am

Enjoy a unique retelling of this classic of English Literature!

This puppet spectacular features beautiful handcrafted marionettes, shadow puppets, gorgeous masks, lavish costumes, vivid sets, a professional soundtrack that includes many holiday favorites, a giant 9-foot parade puppet and guaranteed smiles!

Experience this literary masterpiece that reaches far beyond the holiday season! Best suited for ages 5 and up.



Friday Family Films

All shows begin at 6:30 pm

Spark: A Space Tail

November 3 • Rated PG • 91 min
2017, MLPC

Cars 3

December 1 • Rated PG • 102 min
2017, MLUSA

CHILDREN

The Strange Case of Origami Yoda Book Party

Tuesday, November 14 @ 6:30 pm

What's going on in Tommy's 6th grade class? Dwight talks to his classmates via an origami finger puppet of Yoda, and the puppet makes predictions that seem to come true. Come to GPL and pick up your copy of the book to read. Then bring it back to our party and we will celebrate the weirdness together. Grades 3 - 5. ④



Thanksgiving on Thursday Book Party

Monday, November 20 @ 6:30 pm

Get into the holiday spirit with Jack & Annie of the Magic Tree House series. You'll receive your own copy of *Thanksgiving on Thursday* to read and keep. Then come chat, craft, snack, and celebrate with friends. Grades 2 - 4. ④

Celebrate Hanukkah Happiness

Wednesday, December 13 @ 6:30 pm

Celebrate Hanukkah, the Jewish festival of lights with games, crafts and snacks!



It's Never too Cold for Ice Cream!

Wednesday, December 27 @ 2:30 pm

Join the Children's Museum of Science and Technology (CMOST) and explore the science behind making ice cream. Best of all, at the end of the program you will get to enjoy the (hopefully) yummy results of your experiments! Grades 2 - 5. ④

HOUR OF CODE

Introduction

Wednesday, December 6 @ 6:30 - 8 pm

Come learn about Hour of Code events, and then practice coding your own game! Grades 3 - 5. ④

Open Lab

Thursday, December 7 @ 3:30 - 5 pm

Play around with the Hour of Code website or continue your projects from school or the Library's introduction session. Open to all ages.

WMHT Family Literacy Programs, with Barbara Lukas

Giraffes Can't Dance

Saturday, December 9 @ 10:30 am

Join WMHT's Barbara Lukas for a fun morning based on the classic children's book, *Giraffes Can't Dance* (or can they?). We will have fun reading together and doing crafts! Grades preK - 2, accompanied by a caregiver. ④

Slimy Snakes and Wiggly Worms

Thursday, December 28 @ 3:30 pm

Roll up your sleeves and get ready to play with polymers! Public television station WMHT's Barbara Lukas will lead us in conducting two exciting scientific experiments sure to amaze and delight you!

First we will create wonderful wiggly worms, and after that we will mix up a bowl of glue and borax to create super, slippery, slimy snakes. Grades 2 - 5, accompanied by a caregiver. ④

CHILDREN

Family STEAM Nights

Mondays @ 6:30 pm

Our local college science and engineering departments will be here with fun science activities for kids! Grades 2 - 6, with their families. ④

November 6: Siena Physics Club

December 4: Capital Region American Meteorological Society in association with SUNY Albany

GPL Sprouts

Thursdays @ 3:30 pm

Join us for a fun-filled STEM (Science, Technology, Engineering & Math) program! Lots of hands-on learning for everyone! Grades preK - 2 with a caregiver. ④



November 30: Wild & Wiley Turkeys, with the Albany Pine Bush Preserve

December 21: Winter Trees

Read to Furry Friends

Tuesdays @ 6:30 pm: November 7 & December 5

Wednesdays: @ 6:30 pm: November 8 & December 6

Reading to our furry dog and not so-furry-cat is a great way for new readers to gain confidence in their new reading skills in a non-judgmental setting. GPL's furry friends are very patient and good listeners.

Little Lego Club

Mondays @ 3:30 pm: November 6 and December 4

Meet in the Story Hour Room and use your imaginations for some creative play with friends. Bring your own bricks or create with ours. Duplo is also available for younger builders. As usual, creations that you bring to show off will be kept separate from the library supplies. Grades K - 3.

Fantastic Finger Gymnastics!

New finger gyms are available each week in the Children's Department for kids to practice their fine motor skills in preparation for kindergarten!

HOLIDAYS

GPL will be closed on:

Saturday, November 11 – Veterans' Day

Wednesday, November 22, at 2 pm – Thanksgiving Eve

Thursday, November 23 – Thanksgiving

Sunday, December 24 – Christmas Eve

Monday, December 25 – Christmas Day

Sunday, December 31 – New Year's Eve

Monday, January 1, 2018 – New Year's Day

Storytimes



3 Little Birds Music & Movement Class

Mondays @ 10:30 am, except December 25

3 Little Birds brings children together for a fun and integrated early-literacy learning experience. This lively, 30-45 minute program is devoted to all things musical – rhythm, sounds, rhymes, and DANCE! We'll move and groove together! Ages 5 and under with caregiver.

Toddler Time

Tuesdays @ 10:30 am, except December 26

Toddlers 19 - 36 months, with a caregiver.

Preschool Read & Play

Wednesdays @ 11 am

Stories, rhymes, music and movement, puppets and more! Children 3-5 and their parents/caregivers are invited to this fun and educational early literacy learning time. Younger siblings welcome.

Preschool Drop-In Storytime

Thursdays @ 10:30 am: November 2, 9 & 30, and December 7 & 14

Early literacy skills promote success in school! Join us for stories, songs, and movement! Ages 3 - 5 with a caregiver. Younger siblings welcome!

Yoga-Inspired Storytime for Preschoolers

**Third Thursday of the month @ 10:30 am:
November 16 and December 21**

Join us for stories, songs, and yoga-inspired movement! Dress for movement and bring a yoga mat or a towel. For children ages 3 - 5 with a caregiver.

Bedtime Storytime: Starry Night

Thursday, November 2 @ 6:30 pm

Wear your pajamas and bring a stuffed friend to this cozy storytime just before bedtime! Ages 2+ and caregiver.

3 Little Birds: Baby Bounce

Fridays @ 11 am, except November 10, 24 and December 29

3 Little Birds brings babies and younger toddlers (birth - 18 months) together for a fun, bouncy integrated learning experience. This 30-minute storytime will inspire musical explorations, play, and early literacy.

Saturday Stories for All Ages

Third Saturday of the month @ 2 pm

Stories, songs, and crafts for the whole family!

November 18: A Whale of a Tale

December 16: Giving Gifts