



## Get Outdoors!

### Wildlife Tracking

**Tawasentha Park – Route 146, Guilderland**  
**Saturday, March 24 @ 10 am - 1 pm**

From ants, to bobcats, to red-tailed hawks, all animals leave sign of their activities. Join Dave Muska, of Ondatra Adventures, as he introduces you to the fundamentals of tracking and awareness to better understand the stories animals leave behind. Learn basic tracking skills and concepts, such as clear print identification and track patterns. This class does not require any prior knowledge of wildlife tracking and is great for photographers, hunters, or anyone who wishes to deepen their outdoor experience. Space is limited. ③



**To Bring:** Notebook and pencil/pen, snack, and weather appropriate footwear/clothing.

### Bird Language: Understanding and Interpreting Bird Calls

**Tawasentha Park – Route 146, Guilderland**  
**Saturday, April 14 @ 10 am - 1 pm**

Understanding bird language is an effective, fun, and exciting tool for observing the relationships of the natural world. Join Dave Muska in this interactive workshop as he introduces bird language and how to develop this amazing awareness and skill. This tool alone will increase your ability to see wildlife tenfold, and determine the arrival of a person, deer, dog, cat, flying predator, or ground predator far in advance, as well as locate 'resting' animals. This class does not require any prior knowledge of bird species or their calls. Space is limited. ③

**ONDATRA ADVENTURES**

**To Bring:** Notebook and pencil/pen, snack, and weather appropriate footwear/clothing.

Dave Muska is a Wilderness Skills Instructor, Naturalist, and Licensed NYS Outdoor Guide. He is the founder of Ondatra Adventures, a company devoted to providing participants with a deeper connection to the natural world through educational programs, classes, guided hikes, and excursions.

**Save the Date! On May 8 @ 6:30 pm, we're hosting "Hiking 101," presented by CDPHP and led by a member of the Adirondack Mountain Club.**

See details in our next newsletter!

## Local Author Event: Peter Golden

**Wednesday, May 9 @ 7 pm**

The Guilderland Library Foundation is pleased to present veteran author and award-winning journalist Peter Golden, who will speak as part of the Foundation's Frank & Joan Sheehan Local Author Series.

Mr. Golden, who lives in Guilderland, recently published his second novel, *Wherever There Is Light*, a sweeping historical novel about a love affair that spans much of the 20th century and two continents. In addition to his most recent work, he has authored three nonfiction works – *Oh Powerful Western Star!*, *I Rest My Case*, and *Quiet Diplomat: Max Fisher* – and one novel, *Comeback Love*.



## Housing Options for Older Adults: Live Where You Want to Live

**Tuesday, April 17 @ 9:30 am - 12:30 pm**

Where we live is so important to our health and happiness. To age in place we need to have a good understanding of our housing options. Unravel the mysteries of senior housing and learn how you and your loved ones can make the best choices in senior housing. This essential program will provide practical information about senior housing options, things to consider as you think about housing, and how to start the conversation. Coffee and refreshments provided! ③



*Presenters: Beth Burdgick, Executive Director, Glen Eddy and Jill McLellan Phelps, Director, DePaul Housing Management. This presentation is made possible by the Albany Guardian Society.*

### Gals Who Play Jazz

**Sunday, March 25 @ 2 pm**

A concert to celebrate Women's History Month!

### The Guilderland High School Chamber Choir and Chamber Strings

**Sunday, April 22 @ 2 pm**

These two wonderful groups perform a wide variety of classical to contemporary favorites!



# ADULTS

## Brain Fit: Strategies to Promote a Healthy Brain!

Tuesday, March 13 @ 1:30 - 3 pm

To celebrate Brain Awareness Week, Jennifer LaPorte, of Brookdale Senior Living Solutions, presents a lively, informative, and interactive program on strategies to keep our brains healthy and fit. Refreshments provided! ③



## Start Your Journey to Better Health

A CDPHP Program

Tuesday, April 17 @ 5:30 - 6:30 pm

Certified health coach Arrifa Bevin will provide ways for getting and staying motivated to lead a lifestyle of health and wellness. Learn how to set and achieve goals, incorporate fitness, manage stress, and much more. ③



## Spring into Organization!

A CDPHP Program with Jordana Turcotte

Tuesday, April 24 @ 6:30 - 8 pm

Spring cleaning is here – time to get organized! Learn a simple system of purging and organizing large storage areas such as the basement, garage, and even outdoor spaces. Professional organizer Jordana Turcotte shares tips on how to clear your clutter – a good step for both your mental and physical health. ③

## All Souls Are Created Equal

Friday, March 2 @ 11 am

Join K. Michelle Arthur, Ph.D. of the Shaker Heritage Society for a lecture on the Shaker's unique approach to gender roles in their communities.

## Time to Try: Embroidery

Wednesday, March 14 @ 7 pm

In this craft program for adults, we'll try our hand at a simple embroidery project. Materials will be provided. ③

## Homebuyer's Workshop

Wednesday, March 21 @ 6 - 7:30 pm

Thinking of buying or selling a home? Come hear from the experts! The Greater Capital Association of REALTORS® offers a panel discussion featuring a home inspector, an appraiser, a REALTOR®, and other experts who are part of the usual purchase and selling process of a home. You'll have an opportunity to ask questions, as well.

## Top 10 Websites for Irish Genealogy

Thursday, March 22 @ 7 pm

The explosion of records and websites on the internet in recent years has been remarkable for the family historian. Join Lisa Dougherty, genealogist-in-residence for the Irish American Heritage Museum in Albany, for a practical guide to all-important resources for documenting your family story.



## The Ladies of Schuyler Mansion

Friday, March 23 @ 2 pm

The Schuyler Mansion was home to Philip J. Schuyler, Revolutionary War general, U.S. Senator, and entrepreneur. He and his wife, Catharine Van Rensselaer, raised eight children. The wedding of daughter Elizabeth to Alexander Hamilton took place in the house in 1780. Join us for a PowerPoint presentation on the lives of all of the Schuyler women – Philip Schuyler's wife Catharine, her daughters Angelica, Elizabeth, Margaret (Peggy), Cornelia and Catharine, and the enslaved women who worked at the home – and discuss the impact they had in shaping the family's place in history. ③



## Silk-Fabric Patterned Eggs

Tuesday, March 27 @ 6 pm

This is hands down the most amazing way to dye eggs! We'll make sophisticated patterns using old scraps of silk fabric. These genuine works of art can last for years. ③

## Create a Card for National Letter-Writing Month!

Entire month of April

April is National Letter-Writing Month, and we're inviting our patrons to celebrate the written word and brighten the day for someone in a nursing home or assisted living facility! Starting April 1, you'll find a letter-writing station near the Adult Information desk, stocked with all the makings for a lovely letter – card stock, glue sticks, sweet sayings, writing prompts, along with some beautiful nature photographs donated by a talented Guilderland patron/photographer.



Create a card, write something warm and uplifting inside, and we will mail your creations to Love for the Elderly, a not-for-profit organization (run by a 17-year-old!) that will distribute the letters to senior citizens nationwide.

## ADULTS

### Downsizing for Seniors

Thursday, April 5 @ 2 pm

Learn how to prepare your home and your life for changes, relocations, new needs, other accommodations and the challenging process of sorting, downsizing and/or relocating.

Sheilah Sable is a member of the National Association of Senior Move Managers and the owner of Call Sheilah! an award-winning personal concierge business serving the Capital Region. ③

### Cheapo Snob's Guide to Paris: Americans in Paris

Saturday, April 7 @ 10:30 am

Dr. Jayne Boisvert, professor emerita in French from Russell Sage College, has traveled extensively in France. During a recent stay researching Americans living in Paris, she examined ways to live and visit the city inexpensively. Take advantage of her travel tips while also learning about some of the amazing people who made Paris their home from the 19th century to the present.



### Escape from the Upside-Down

Saturday, April 21:

11 - 11:45 am • 1 - 1:45 pm • 2:15 - 3 pm • 3:30 - 4:15 pm

Sunday, April 22:

1:30 - 2:15 pm • 3 - 3:45 pm

Save Eleven and escape from the upside-down in our Stranger Things escape room! This room is designed for teens and adults, but can also be completed by families.

Sign up for one of the 45-minute time slots. You can register as an individual, with a friend or two, or with a larger group. Each person in your group must register. Up to 6 people can play at a time. Please arrive on time for your session. ③



### Solar Energy: The Future, Farms, and More

Saturday, April 28 @ 1 pm

Internationally recognized solar energy expert and UAlbany professor, Dr. Richard Perez, returns to talk about the latest research into solar energy. Joining him will be Dennis Phayre of Entersolar who will inform you about the many community solar projects in the region including how homeowners and businesses can take advantage of them.



## Career Workshops

### Create Documents in Google Drive

Wednesday, April 18 @ 6 pm

Google Drive is a great way to store your documents and share them with others. It's also a great substitute for Microsoft Word, and it's free with a Gmail account. Get started with the basics of creating, sharing, and exporting documents, and learn about the ins and outs of cloud storage. Presented by Sarah McFadden from Cornell Cooperative Extension. ③

### Feeling Stuck in a Dead-End Job?

Monday, April 30 @ 6 pm

Tired of what feels like a dead-end job, but not sure where to go next or how to get out? This workshop will guide people through the process of clarifying their "next-step" goals, and participants will leave with valuable information, added determination, and confidence! ③

*These programs are offered courtesy of the Upper Hudson Library System Adult Literacy Grant*

### Drug Take-Back Day

with the Guilderland Police Department

Saturday, April 28 @ 10 am - 2 pm • GPL Auxiliary Parking Lot

The Library and the Guilderland Police Department are teaming up for the Drug Enforcement Administration's nationwide Drug Take-Back Day, a one-day collaborative effort between the DEA and state and local law enforcement agencies focused on removing potentially dangerous controlled substances from our nation's medicine cabinets.

This national take-back day gives you the ability to surrender expired, unwanted, or unused pharmaceutical controlled substances and other medications to law enforcement officers for destruction.

**Medications CANNOT be left at the Library prior to April 28**

Medications may be turned in to the police officers in the library's parking lot from 10 am to 2 pm on April 28 only.

**What CAN be disposed:**

- Controlled, non-controlled, and over the counter substances
- Medication in its original container or removed from its container and disposed of directly into the disposal boxes. (Be sure to remove any identifying information from prescription labels.)

**What CANNOT be disposed:**

- No sharps, EpiPens, or syringes

*Drug Take Back-Day officials will not ask questions of nor request identification from anyone.*





# ADULTS

## GPL Pop-Up Library!

### @ Hannaford Kids Expo! Empire State Plaza

Saturday, March 3 @ 10 am - 5 pm

Join GPL and our friends from Albany Public Library at the 13th annual Hannaford Kidz Expo, featuring The Octonauts! We'll have books, crafts, games, and of course – fun!



### @ Mallwalkers Breakfast Crossgates Mall

Thursday, April 12 @ 8:30 - 10 am

Are you a mallwalker? Staff from GPL will be at Crossgates Mall in the early morning. Be sure to stop and visit with us!

### @ Healthy Kids Day! Guilderland YMCA

Saturday, April 21 @ 10 am - 1 pm

Stop by our table at the Y and celebrate Healthy Kids Day with us! We'll have some fun crafts and activities just for kids!



### Drop-In Genealogy Help

Wednesdays @ 6 pm: March 14, April 11 & May 9

Professional genealogist and Guilderland resident Lisa Dougherty takes your questions and gives you guidance on your family history pursuits. Don't miss this opportunity to get help from the best!



## Book Discussions

### Night Owls

Led by Librarian Margaret Lanoue

Mondays @ 7:30 pm

March 12: *A Hero of France*, by Alan Furst

April 9: *Lost City of the Monkey God*, by Douglas Preston

May 14: *Thank You for Being Late*, by Thomas Friedman

### Great Books

Led by Facilitator Sue Klug

Thursdays @ 7 pm

March 1: *Things Fall Apart*, by Chinua Achebe

April 5: *Collected Fiction*, by Jorge Luis Borges

May 3: *Old Man and the Sea*, by Ernest Hemingway

### eBook Office Hours

Wednesdays, March 14 & 28, and April 11 & 25

@ 2 - 2:30 pm AND 6 - 7:30 pm

Want to get free library books or magazines on your iPhone or Kindle? Ask us how! Sign up today for a one-on-one session with a staff expert. ③

Please bring your library card and your device to the appointment. Devices we can cover:

- Kindle and Kindle Fire
- Nook
- iPhone or iPad
- Android tablets
- Laptops

### Teen Tech Volunteers

Tuesdays in March and April @ 3:30-5:30 pm

Get tech help one-on-one from a Guilderland National Honor Society student! Each session lasts an hour. Call to make an appointment. ③

### GPL Photo Forum

Thursdays @ 7 pm

All are welcome to meet with interested photographers for tips and improvement.

March 15: *Working with Layers in Photoshop*, with John Bulmer

April 19: *Larry Rappoport photos and book*; Nicholas Argyros – Photo Center, Troy NY

May 17: *General Sharing Session – Your best spring festivities*



Once a month, we explore different uses for Pinterest

*interest Wins!*

### Instant Pot 101 Edition

Wednesday, March 28 @ 7 pm

This month, we tackle the Instant Pot! Thinking of buying one, or just curious about how it works? Join us for Instant Pot 101 – we'll show off some basic features of this cool device, and serve samples of vegetarian minestrone soup and cheesecake made LIVE in this program! ③

### Spring Wreath Edition

Thursday, April 26 @ 7 pm

In April, we will make bright and beautiful grapevine wreaths for spring. ③

## Tweens & Teens

### FLOSS Computer Club

**Presenter: Dr. Michele McColgan, Siena College**  
Mondays March 12, 19, 26 & April 2 @ 6:30 - 8:30 pm

We will be taking computers apart to learn about the components inside. We'll reassemble the computers and get them working again. Then we'll download FLOSS (Free/Libre open source software). Come be a part of this 4-week series of classes. Space is limited. You must attend all 4 classes. ④

### Parent T(w)een Maker Night: Chocolate Bark

Thursday, March 29 @ 6:30 pm

Discover your family recipe! We'll have add-ins and add-ons to make your own ultimate chocolate bark. Adults and t(w)eens grades 5 and up. ④



### Fruit and Veggie Sculptures with the Honest Weight Co-op

Wednesday, April 4 @ 11 am



The Honest Weight food Co-op will be at GPL to help us play with our food and learn about healthy and delicious snacks. Grades 4 and up. ④

### Making Collages

Thursday, April 19 @ 6:30 pm

Come to the library and create collages using pages from magazines and books.

Tweens/Teens/Adults/Everyone welcome! ④



### HOLIDAYS

**GPL will be closed on:**

**Easter**

Sunday, April 1

**Memorial Day Weekend**

Saturday, May 26 through Monday, May 28

## CHILDREN

### Family STEAM Nights

Mondays @ 6:30 pm

**March 5: SUNY Albany Society of Physics Students**

**April 9: SUNY Polytechnic Institute**

Our local college science and engineering departments will be here with fun science activities for kids! Grades 2-6, with their families. ④

### Family STEAM FAIR!

Monday April 16 @ 6:30 pm

Calling all budding scientists! We wrap up our fun year of STEAM with a kid-centered STEAM FAIR! Bring in your STEAM-based projects to show your friends! Local college science departments will be on hand, too! ④



### Could You Survive a Hurricane?

Tuesday, April 3 @ 6:30 pm

Are you prepared for severe weather? Join Erin Lynch, a senior in Atmospheric Science at UAlbany, as we learn what to expect and how to stay safe in two different weather scenarios: a blizzard and a hurricane. Then the Red Cross will present the Pillowcase Project, which includes a pillowcase to decorate along with a 'My Preparedness Workbook' and suggested items to include in case of an emergency. ④



### Maple Sugaring

Friday, April 6 @ 2 pm

Why does a tree taste so sweet? We'll learn how trees work, why sugar is so important, and – best of all – get a taste of real maple syrup! Grades PreK - 4. ④

### Board of Trustees

Bryan Best, *President*  
Herbert Hennings, *Vice President*  
Kaitlin Downey, *Secretary*  
Christopher Aldrich  
Barbara Fraterrigo  
Peter Hubbard  
Karen Carpenter Palumbo  
Nareen Rivas  
Michelle Viola-Straight  
Carolyn Williams  
Jason D. Wright

Tim Wiles, *Library Director*  
Carroll Valachovic, *Trustee-Appointed Treasurer*

Board meetings are held in the Library's Tawasentha Room at 7 pm.  
• March 15, 2018  
• April 12, 2018

Mark Curiale, *Newsletter Editor*  
pio@guilderlandlibrary.org

The *Guilderland Library News* is a bi-monthly publication available at the library and online at [www.guilderlandlibrary.org](http://www.guilderlandlibrary.org).

# CHILDREN

## Time Out (for Parents!)

Thursday, April 12 @ 6:30 pm

Every parent has been there: Your baby is crying, you have no clue how to soothe him/her, and you'd give anything to have someone tell you how to stop it. As frustrating as crying is, simply understanding why babies do it can take some of the stress out of the situation. And fortunately, there are several things you can do to calm your baby—and make both of you feel better.

Join us for another Parent Education Mixer, where St. Peter's Health Partners will discuss tips to soothe your crying baby. We'll also discuss infant growth, development, and mindful parenting tools and techniques with Becky Morris, MS, L.M.T from BodyWorks Professionals.

Come relax and learn parent tips & tricks! Refreshments will be provided.

**Geared for parents of children ages infant - 6 months. This program is for adults only. Please arrange childcare for children.**



## Fantastic Finger Gymnastics!

A new finger gym will be available each week in the Children's Department for kids to practice their fine motor skills in preparation for kindergarten!

## Little Lego

Monday, March 5 and Tuesday, April 10 @ 3:30 pm

Use your imagination for some creative play with friends. You can bring your own bricks or use the library's collection. Display your creations in the Library. For younger children we offer Duplo. For grades K - 3.

## Book Buddies

Tuesdays, March 6, 13, 20 and 27 @ 4 - 6 pm

New Readers! Drop-in and spend some time reading, relaxing, and enjoying a book with a GHS honor student book buddy. No registration required; just come on in!

## Read to Furry Friends

Tuesdays @ 6:30, March 6 & April 3

Wednesdays @ 6:30 March 7 & April 4

New Readers! Come read a story to GPL's furry dog (Groucho Barx) and not-so-furry hairless cat (Goose).

Practice your reading skills in a relaxed setting – and make our furry friends very happy!

## Winter is "Driving" Me Crazy

Wednesday, April 4 @ 2 pm

GPL will supply the cardboard boxes, colorful paper plates, markers and more. Kids will use their imaginations to create and decorate their first car ... speeding is allowed! For grades 1 - 4. ④

## Silent Spinners (the natural kind) with CMOST

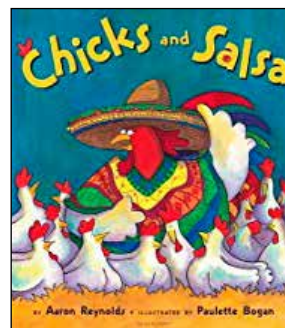
Thursday, April 5 @ 2 pm

Can spiders really make silk? This close-up look at common and exotic spiders, their bodies, webs and habits will shed light on these amazing creatures.

The Children's Museum of Science and Technology will be at the library to share a hands-on spider learning experience Grades 1 - 4. ④

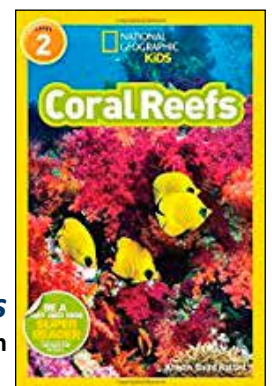
## WMHT Family Literacy

Join us for a morning of family literacy fun with Barbara Lukas, from local public television station WMHT. Programs are full of fun and encourage a love of learning and reading. Grades PreK - 1, with an adult caregiver. ④



### Chicks and Salsa

Saturday, March 10 @ 10:30 am



### Coral Reefs

Saturday, April 14 @ 10:30 am



# CHILDREN



## Book Parties!

### *Hurry Up, Houdini!*

Monday, March 19 @ 6:30 pm

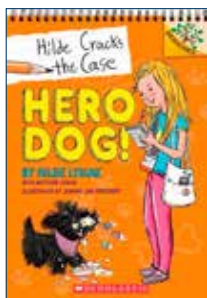
Join Jack and Annie from the Magic Tree House series as they learn about world-famous magician Harry Houdini. Then come to a fun-filled program where we'll have snacks, learn about optical illusions and try our hand at magic tricks.

Children will receive a complimentary copy of *Hurry Up, Houdini!* by Mary Pope Osborne. Grades 2 - 4. (4)



### *Hilde Cracks the Case: Hero Dog*

Wednesday, March 28 @ 6:30 pm

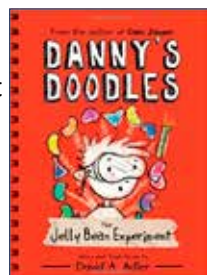


Author Hilde Lysiak began her journalism/writing career at age 9. Now four years later she has published three books with more on the way. Come to the library and pick up your copy of her first book, *Hilde Cracks the Case: Hero Dog!* to take home and read. Then come to GPL to talk about the book and celebrate this amazing YOUNG writer's talent at our book party. Grades 2 - 4. (4)

### *Danny's Doodles: The Jelly Bean Experiment*

Tuesday, April 17 @ 6:30 pm

Danny Cohen and Calvin Waffle are two very different kids. Danny likes playing baseball; Calvin enjoys strange experiments. Danny follows the rules at school; Calvin tries to drive his teacher crazy. Danny and Calvin decide to team up for the big jelly bean experiment. Will it lead to trouble? Pick up your copy of the book to take home and read. At the book party we will talk about the book, play games and get crafty. Grades 1 - 3. (4)



## GPL Sprouts

Select Thursdays @ 3:30 pm

Join us for a fun-filled STEM (Science, Technology, Engineering & Math) program for kids grades PreK - 2, with an adult caregiver. Lots of hands-on learning for everyone! (4)



March 29: **Living & Nonliving**

April 26: **Metamorphosis**

## All Ages

### All Ages Drop-in Lego Build!

First Wednesday of the month @ 6:30 pm: March 7 and April 4

Drop in to build with our library LEGOs!

### Star Wars Trivia and Cosplay

Friday, May 4 @ 7 pm

Gather your squadron and come in your best Star Wars costumes for a night of trivia and cosplay! Trivia will cover all things Star Wars, up through Episode VIII, so come prepared as the first two teams will score awesome loot.

There will also be a cosplay contest where we will award prizes for best group costume and best individual costume. Decide, you must, to strike out on your own or stand with your team! Register by calling 518-456-2400 x 3.

**May the Force be with you!**

**Only 1 person per team should register.**

**No more than 5 people per team**

**Every team must have at least 1 member who is aged 16 or over**

## Friday Family Films

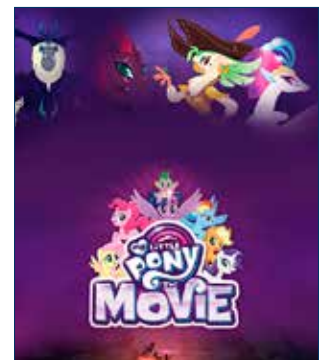
All shows begin at 6:30 pm

### *The LEGO Ninjago Movie*

March 2 • Rated PG • 90 min • 2017 • MLUSA

### *My Little Pony: The Movie*

April 6 • Rated PG • 99 min • 2017 • MLUSA



# Storytimes Educate



## 3 Little Birds Music & Movement Class

**Mondays @ 10:30 am, except April 2 and May 28**



This fun and integrated early-literacy program is devoted to all things musical – rhythm, sounds, rhymes, and DANCE! We'll move and groove together! Ages 5 and under with caregiver.

## Toddler Time

**Tuesdays @ 10:30 am, except April 3**

Children listen, learn, laugh, and play at this interactive storytime for active toddlers. Ages 19 - 36 months, with a caregiver.

## Read & Play

**Wednesdays @ 11 am, except March 21 and April 4**

Stories, rhymes, music & movement, puppets and more! Younger siblings welcome. Ages 2 ½ - 5 years, with a caregiver. *Play time for children and social time for parents will be offered at the end of each program.*

## Preschool Drop-In Storytime

**Thursdays @ 10:30 am**

**March 1, 8, 22 & 29, and April 12 & 26**

Early literacy skills promote success in school! Join us for stories, songs, and movement! Ages 3 - 5 with a caregiver. Younger siblings welcome.

## Yoga-Inspired Storytime for Preschoolers

**Third Thursday of the month @ 10:30 am**

**March 15 and April 19**

Join us for stories, songs, and yoga-inspired movement! Dress for movement and bring a yoga mat or a towel. Ages 3 - 5 with a caregiver.

## Bedtime Storytime: Shake Your Sillies Out

**Thursday, March 1 @ 6:30 pm**

Wear your pajamas and bring a stuffed friend to this cozy storytime just before bedtime! Ages 2+ and caregiver.

## 3 Little Birds: Baby Bounce

**Fridays @ 11 am, except March 30 and April 6**

This 30-minute Storytime is a fun, bouncy integrated learning experience. There will be time for children to play with toys and parents to socialize at the end of the program. Birth - 18 months, with a caregiver.

## Saturday Stories for All Ages

**Saturdays @ 2 pm**

Stories, songs, and crafts for the whole family!

**March 10: Soups On!**

**April 7: In the Jungle**

### AN IMPORTANT NOTE ABOUT STORYTIMES:

If the Guilderland Central School District is closed, or delays classes, Storytimes are not held on that day.

***Children must be accompanied by an adult caregiver at all Storytimes.***

It's story  
**TIME**  
@your library™

Storytimes are designed to reinforce early literacy skills. Librarians may use a combination of stories, videos, singing, crafting, playing, puppets and movement to entertain and teach. Choose the Storytime that's best suited for your child's age!