



GUILDERLAND PUBLIC LIBRARY

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DECEMBER 2022



Virtual Medicare with Confidence
An Informational Seminar
Medicare with Confidence: An Informational Seminar
Thursday, December 1 @ 12-1:45 pm
Virtual
Medicare enrollment ends on December 7!

Whether you're currently on Medicare, newly eligible, or

gathering information to help plan for the future, you'll want to attend this important virtual seminar. Speaker Vicki Beyer, of Beyer Health Plus, LLC, is an unbiased resource dedicated to helping seniors with their health insurance and financial questions.

A major concern when retiring or turning 65 is how to cover or cap medical costs, which can be disastrous. With hundreds of choices, it can be a very complex process to decipher. This comprehensive presentation will cover:

- Medicare Basics
- Important Terminology
- Enrollment Periods
- Plan Types (Medicare Advantage & Medicare Supplement with Prescription)
- Plan recommendations
- Cost Assistance

Please register for the Zoom link to this timely overview. [R]

Healthy Holiday Sides with Cornell Cooperative Extension
Tuesday, December 13 @ 6 pm

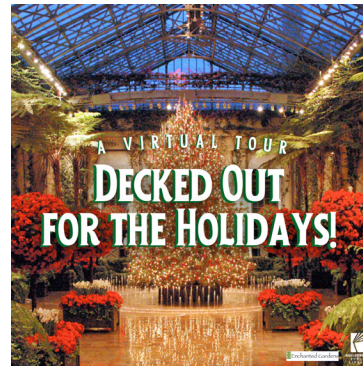
Learn how to prepare healthier options to serve to your guests this holiday season! Nutrition Educator Karen Roberts Mort, MS, with Cornell Cooperative Extension, returns to GPL to show us how to lower the calories but retain the flavor in our favorite recipes, simply by swapping ingredients. She'll do a cooking demo and presentation, incorporating locally-grown produce. You'll leave with recipes to try out at home. Space is limited. [R]



Designate Guilderland Public Library as your Amazon Smile recipient! They'll donate 0.5% of the purchase price from eligible items. <https://smile.amazon.com>.

Wine and Wrap
Thursday, December 8 @ 6:30-8:30 pm
Ages 21+

We're setting up some gift-wrapping stations in the Westbrook Room, complete with holiday music, snacks, and a small glass of wine for you to enjoy while wrapping presents. Bring your gifts and identification (such as a driver's license) and enjoy a relaxing, productive evening with us! [R]



Decked Out for the Holidays: A Virtual Tour
Tuesday, December 20 @ 6:30 pm

Take a festive trip as an "armchair traveler" for this special virtual slide tour, as we visit magnificently decorated conservatories, stunning mansions and beautifully lit gardens during the holiday season!

Includes Longwood Gardens, Winterthur, Blithewold, Newport Mansions and others. We can't think of a more exquisite, visually appealing way to usher in the holidays! [R]

Decoupage Ornaments
Wednesday, December 21 @ 6:30 pm

Decorate some ornaments, and take home your unique creations! They'll make lovely holiday keepsakes or last-minute presents. If you would like to incorporate family photos, bring printouts with you; thinner paper works better. [R]



LIBRARY HOURS

Monday—Thursday.....9:30 am–9 pm
Friday.....9:30 am–6 pm
Saturday.....9:30 am–5 pm
Sunday.....1-5 pm

All programs are in-person, unless otherwise noted.

[R] = Register on the Events tab of our website.

ADULT PROGRAMS & RESOURCES

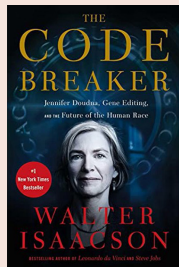
BOOK DISCUSSION GROUPS [R]

<https://guilderlandlibrary.org/book-discussion>

Night Owls Book Club

Mondays @ 7:30 pm

Hybrid: in-person or virtual



Led by Librarian Maura Powers-Smith.
Reading the most talked-about fiction and nonfiction titles.

December 12: *The Code Breaker: Jennifer Doudna, Gene Editing, and the Future of the Human Race*, by Walter Isaacson

January 9: *A Long Petal of the Sea*, by Isabel Allende

Green Reads

Thursdays @ 6 pm

Virtual

Led by Librarian Maria Buhl.

A book and film discussion group on nature, health, and the environment.

December 15: *The Thing with Feathers*, by Noah Strycker



STANLEY
TUCCI



TASTE
My Life
Through Food

Memoirs in the Morning

Wednesdays @ 10:30 am

Virtual

Led by Librarian Josalyn Wilder.

Reading the best current biographies and memoirs.

January 25: *Taste: My Life Through Food*, by Stanley Tucci

Look for the *Memoirs in the Morning* group on [goodreads.com](https://www.goodreads.com)

Genealogy Assistance with Lisa Dougherty

Wednesday, December 14
@ 6-8 pm

Want to know more about your family tree? Here's your chance to get expert advice! Professional Genealogist Lisa Dougherty offers 1:1 family history consultations here at the library each month. **Contact Lisa**

directly via email to schedule your appointment: lisagene@nycap.rr.com. For general information, please visit Lisa's website: <http://www.upstatenogenealogy.com>. [R]



Donations Accepted

► Toys for Tots—through Sunday, December 18

► Caring Closet, Guilderland Food Pantry,

Lions Club Eyeglasses, American Flag disposal, Book Donations (bins in side parking lot)—ongoing

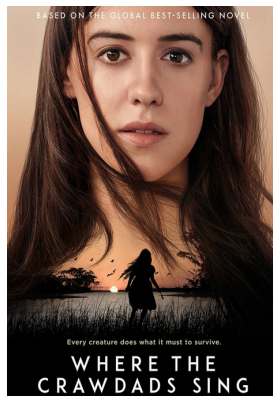
Suburban Sounds Community Chorus

Sunday,
December 18
@ 2 pm

Family/All Ages

We're pleased to welcome back Suburban Sounds

for an enjoyable afternoon of seasonal music. Get into the holiday spirit with this traditional performance by a well-established local group! **No registration required.**



Movie Night

Monday, December 19 @ 6 pm

We're showing ***Where the Crawdads Sing*** on the big screen in our Helderberg Room! This 2022 film, based on the phenomenally popular bestseller by Delia Owens, centers on a young woman who was abandoned at a young age and learned to co-exist with nature in the rural North Carolina marshes in order to survive. In 1969, she becomes a suspect in the murder

of man she was once involved with, and must contend with the scorn of the townspeople who dismiss her as an outcast. **Rated PG-13. No registration required.**

YOUTH PROGRAMS & RESOURCES

Storytime Options

December 1-15

Let's read books, sing songs and get moving together! Caregivers must stay with their child(ren) the entire time. No registration required. Please choose ONE storytime per week:

► **Toddlers**—ages 18-36 months

Tuesdays @ 10:30 am

► **Families**—ages birth-5 years old

Wednesdays @ 10:30 am

► **Preschoolers**—ages 3-5 years old

Thursdays @ 10:30 am



Project Picturebook: Flying Dragon

Tuesday, December 6 @ 3 pm
Pre-K-Grade 2

Let your imagination soar! Join us for a fun read-aloud and related hands-on project. We'll be constructing our very own flying dragons, which will make a great addition to your room! [R]

YOUTH PROGRAMS & RESOURCES

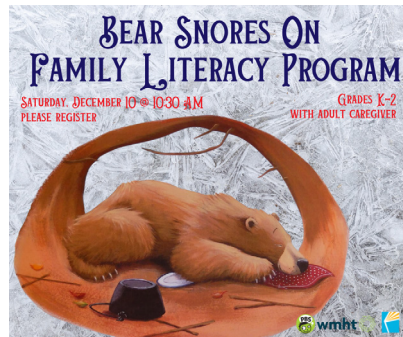
**Family STEAM Night****Thursday, December 8****@ 6:30 pm****Grades 3-5**

Come explore fun **Science, Technology, Engineering, Art and Math (STEAM)** topics with schools and colleges! This month, we welcome the **Shaker High School Robotics Club**. **[R]**

WMHT Family Literacy Program: Bear Snores On

Saturday, December 10 @ 10:30 am
Pre-K-Grade 2

Hibernation season is upon us! We'll watch a short film version of **Bear Snores On**, then enjoy fun related crafts and activities. You'll also get your own free copy of the book to add to your home library. Caregivers must remain with children for the entirety of the program. **[R]**



Friday
12/16
@ 11am

Exploration Stations

Friday, December 16 @ 11 am

Ages 2.5-5

Toddlers and preschoolers are invited for an hour of winter-themed sensory play

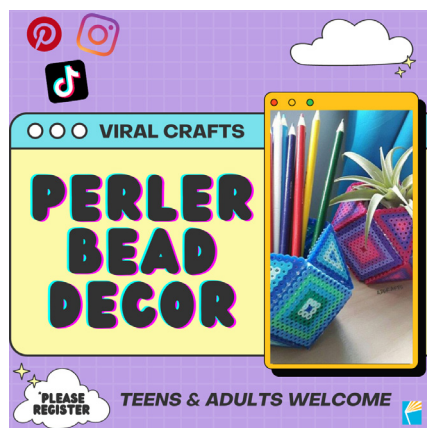
and process art. Caregivers must attend the program with their child. Dress for a mess! **[R]**

Viral Crafts

Tuesday, December 20 @ 6 pm

Teens & Adults

Feeling crafty? Come hang out with us and attempt the newest crafts sweeping the internet! This time, we're experimenting with **Perler Bead home decor**. All materials will be provided. This is a great activity for teens and their parents to enjoy together. Try Creativebug on our website for similar project ideas. **[R]**

**Family Winter Dino Kit****Pick Up:****December 26-31****Family/All Ages**

Register, then pick up your winterized dinosaur-themed kit! This kit is filled to the prehistoric brim with fun dino activities for the whole family to enjoy during winter break. One kit per family, please. **[R]**

**Drop-In Video Games**

Thursday, December 29 @ 2-4 pm

Grades 3+

Stop by anytime to play video games on our Nintendo Switch and WiiU consoles. We'll have Mario Kart, Super Smash Bros., Ultimate, and others! Help us unlock characters and levels for our next tournament! All games are rated E (Everybody) or E10+ (Everybody 10 years old and up).

Family Movie: Ice Age

Friday, December 30 @ 2 pm

Come chill and watch the timeless family movie classic **Ice Age**. It's the 20th anniversary of this family favorite with a stellar cast, including Ray Romano, John Leguizamo and Denis Leary.



ON THE CALENDAR

DECEMBER**CLOSED Christmas Eve & Day—**

Saturday, December 24 &

Sunday, December 25

CLOSING at 2 pm New Year's Eve—Saturday, December 31; **CLOSED** New Year's Day—Sunday, January 1

Teen Tech Help Desk—Thursdays @ 4-6 pm (drop-in for assistance) December 1, 8, 15 & 22

Guilderland Library Foundation Meeting—Thursday, December 8 @ 6:15 pm. *New members welcome!* Contact Steve Wacksman: wacksmans@guilderlandlibrary.org

Discovery Pages for Kids/Teens—December 15 & 30

Guilderland Public Library Board of Trustees Meeting—Thursday, December 15 @ 6 pm. In-person and streamed on YouTube. Public commentary: pc@guilderlandlibrary.org

NEW How Did You Find It? Podcast—Friday, December 16

Drop-In Knit & Stitch—Tuesdays @ 10-11:30 am