## **COVID-19 Reflections in Two Parts**

## Nature's Reset

Many looking to place the blame Who unleashed this monster? Spreading sickness and death across the globe I think not China, Italy, or Spain

Could it be nature hitting the reset?

Needing a break

Seeing the damage that humans have wrought

Wanting to clean up the natural debt

As Spring unfolds bears emerge while humans stay in global hibernation takes hold

Bears roam city streets Moose fall into backyard pools Long unseen birds return As people retreat

Trees bud and shoots break ground as people get sick and many are dying buried without mourners to make a sound

Dolphins returning to canals in Venice Carless streets and skies clear of smog Is it a side effect or something bigger Perhaps Mother Nature is pissed

I imagine her hands on hips shaking her head in disappointment a planet besieged upset the balance and everything tips

So here's an opportunity for all reconnect not just with people but the planet we call home It's a wake up call

Let the trees not fret and vines crawl freely animals grow bold as humans stay in Nature's reset

## **COVID Communication**

Talking to neighbors from six feet away it's social distancing and the world today

don gloves and masks don't cough in public hands away from your face impossible tasks

nervous grocery shopping is an art choose with your eyes if you touch it; you buy it so put it in your cart

side glances in the aisles am i standing too close? where is my hand sanitizer? a stranger smiles

arm gestures speak you go ahead eyebrow raise how was your week?

connecting despite or because reaching out without touching Will that continue?
What if it does?

A new way of living close but apart the illusion of safety but fear in your heart